

Review of: "[Commentary] On the Autonomy of Mystical Perception"

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Potential competing interests: No potential competing interests to declare.

This is an excellent historical review of the phenomenology of mystical perception/experiences.

It seems the author's main aim is to support the reality and not the illusory nature of such a type of experience, postulating a specific non-ordinary state of consciousness, like other different states of consciousness obtained by different meditation practices, ingestion of psychotropic substances, out-of-body experiences, etc.

I suggest considering the more recent scientific investigations related to this topic. It is sufficient to search scholar.google.com with the keywords "mystical" OR "spiritual" and select the experimental evidence accumulated in the last 10 years.