

Review of: "[Commentary] Postpartum Depression: An Invisible Distress in the United Kingdom"

Mircea Poenaru¹

¹ Carol Davila University of Medicine and Pharmacy

Potential competing interests: No potential competing interests to declare.

Dear Authors,

The subject is current and likely insufficiently analyzed by medical or public health systems. The frequency of 1 case per 10 women who give birth seems high due to the fact that many cases are not recognized or, worse, not given attention, most likely for cultural reasons.

Perhaps early detection of PPD signs is not as important as its prevention. Therefore, the article might benefit from the inclusion of several preventive measures against the onset of PPD, which are strongly linked to prenatal education.

Overall, the paper is well-documented, well-presented, and well-argued.

Congratulations to the authors.