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Review Article

Comprehensive Review of MAX Phase and MXene Materials: Synthesis, Properties and Applications

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In this paper, we present a detailed and comprehensive review of the MAX phase (bulk) and their 2D derivative MXenes on the basis of their synthesis, properties, and applications. MAX/Mexene have emerged as a class of materials with tremendous potential for various applications in numerous emerging technologies. We thoroughly surveyed almost all of the relevant literature on MAX/Mexene. We provide a comprehensive report on the synthesis methods of MAX phases, including traditional and innovative approaches such as solid-state synthesis and spark plasma sintering, highlighting their structural and compositional diversity. The unique physical, chemical, and mechanical properties of MAX phases, such as high thermal stability, electronic, magnetic, electrical conductivity, and flexibility, are explored along with the underlying mechanism. Furthermore, the review highlights the current research trend in MAX phase and MXene and their advancement in energy harvesting applications such as H₂ production, solar cells, energy storage, catalysis, spintronics, electronic devices and environmental remediation. Their added features are damage tolerance, radiation tolerance, heat tolerance, crack-healing, heat exchangers, etc. In addition, this review provides information on future research directions that utilize current knowledge and identify gaps. The purpose of this review is to facilitate advancements in the understanding and application of MAX phases and MXenes, positioning them as pivotal materials in next-generation technologies.

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I. Introduction

MAX phase has drawn the attention of the science and research community due to the high demands of the 2D materials, and the exfoliation of MXene from it, which gives promising applications $\frac{[1][2][3]}{2}$ [4][5][6][7][8][9][10][11][12][13][14][15][16] in various fields due to its large group of structural and combination variances of the materials. The metal-nonmetal elemental combination variances in MAX phase $(M_{n+1}AX_n)$, where metal (M) element having high temperature stability while the nonmetallic A element forms the layered structure, as a result deliver a unique ceramic-like mechanical properties, high electrical, high thermal conductivity, excellent machinability, and good corrosion resistance. However, for device fabrication to integrate these unique properties for practical application, the exfoliation of MAX into the 2D layer (MXene) is crucial. MXene is a 2D sheet having few nanometer thicknesses with a large surface-to-volume ratio that offers high interaction ability with various ions, enabling rapid charge-and-discharge processes in energy storage applications. Moreover, the properties of MXene can easily be manipulated to obtain desired functionalities through various methods such as strain engineering, applied electric field, surface functionalization (-OH, -F, or -O groups), etc. Since then, the research interest have been mounting on the production of MXenes from various methods such as solid state reaction^{[17][18]}, hot pressing^{[19][20]}, spark plasma sintering(SPS)^{[21][22]}, self-propagating high-temperature synthesis (SHS)^{[23][24][25][26]}, microwaveassisted heating^{[27][28]}, molten salt-assisted synthesis^[29], physical vapor deposition^{[30][31][32][33]}, chemical vapor deposition $\frac{[34][35]}{[35]}$, and thermal spraying $\frac{[36][37]}{[37]}$ to synthesize and find its correlation with distinct properties has been explored. It has excellent properties such as corrosion resistance^[38] [39][40][41], crack healing properties[42][43][44][45][46][47], oxidation resistance[43][48][49][50][51][52] [53][54] and radiation resistance^{[55][56][57][58][59][60]}. It has shown wide promising applications as catalysis^{[61][62][63]}. biomedicine^{[64][65][66]}. energy storage^{[67][68]}. sensors^[69]. and nanocomposites^{[26][67][70][71][72]}. The history of MAX phases dates back to the 1960s; the pioneer work done by Hans Nowotny and his coworkers^[73], made their remarkable efforts resulted in the discovery of more than 100 new carbides and nitrides within that decade. In those decades more than 30 s were called H or Hagg phases having chemistry M_2AX , where M is an early transition metal, A is an element of group A (mainly III A and IVA) and X is C or N. Few years later in 1967 they discovered M ₃AX type phases that are hexagonal layered interleaved with layers of pure A forming a structure similar to H-Phase. With time and research, more discoverv^{[16][74][75][76][77][77][78][79][80][81][82][83]}

<u>[84][85][86][87][88][89][90][91][92][93][94]</u> of different such phases finally leads to the realization of the general formulation $M_{n+1}AX_n$, which is known as the MAX phase (where n = 1 - 3, M is an early transition metal, A is an element from group 13 – 16 and X is C or N. Later, also discovered the hybrid structure of the MAX phase $n > 3^{[33]}$).

The MAX phase parent compound of MXenes in its own has tremendous potential and promising applications^{[71][95][96][97][98][99][100][101][102][103][104][105]} due to the diverse class of nanolaminate materials showing dual metallic-ceramic properties. To date, there are 342 MAX phases that span 28 M elements, 28 A elements, and 6 X elements, including alloys^[106]. There is an emerging more stable combination called the in-plane and out-of-ordered plane (i / o-MAX)^{[107][108]}, and a solid solution^[109] adds more numbers to the present figure, but lacks a standardized formulation due to complex structures^{[93][110][111]}, synthesis complexity^[112], mechanical properties^[113] and lacks corrosion resistance above a certain temperature^[112].

Since the discovery of MXene in 2011^[114], which forms the hexagonal layered exfoliate of the MAX phase, researchers and engineers have devoted much of their time to studying its promising applications. It has shown excellent properties including nanocomposite capabilities^{[15][15][115][115][116]} ^[117], high electrical conductivity^{[118][119][120][121]}, outstanding mechanical strength^{[122][123][124]}, hydrophilic (water-attracting) surfaces^{[125][126]}, high tunability^{[127][128]}, excellent flexibility^[129], good capacitance^{[15][119][130][131][132]}, and suitability for energy storage^{[119][133][134][135][136][137]}.

Furthermore, MXene is effective in applications such as nanofluids^[138], thermal conductivity^[139], and devices such as sensors and actuators^{[140][141]}. It also shows interesting electronic^{[142][143][144]}, magnetic^{[145][146]}, optical^{[144][147]}, and thermoelectric behaviors, opening up a wide range of applications. These applications include catalysis^{[148][149][150][151]}, electromagnetic interference shielding^[12], environmental management^{[152][153]}, lubrication^{[154][155]}, and antibacterial functions^{[156][157]}. It will soon surpass graphene and other 2D materials^[158] which is studied exhaustively thus far.

Currently, MAX phases and MXenes have attracted considerable attention due to their exceptional properties, enabling their effective use in photocatalysis^{[159][160]}, environmental remediation^{[161][162]} [163], and capture $CO_2^{[164][165][166][167]}$. Their functionality in these areas is rooted in their remarkable electronic, structural and chemical adaptability.

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This review paper discusses its synthesis, properties, and applications in detail.

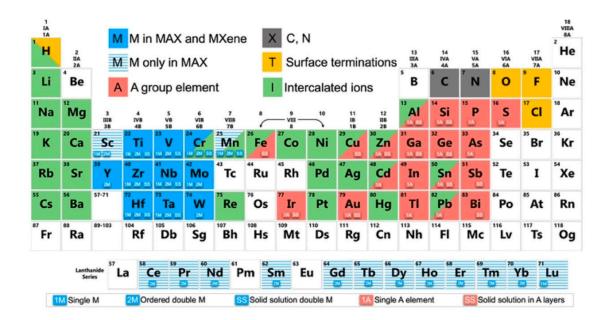


Figure 1. Elements involved in MAX phases, MXenes, and their intercalated ions. Blue-striped elements are found only in MAX phases, and their MXenes have not yet been synthesized. Red-background elements are the A elements in MAX phases that can be etched to form MXenes. Green-background cations have been intercalated into MXenes. Adapted with permission from Ref.^[168], © Copyright (2019) American Chemical Society.

MAX/MXene	Methods/Properties	Application	Ref
$\mathrm{Ti}_{2}\mathrm{AlC},\mathrm{Ti}_{3}\mathrm{AlC}_{2},\mathrm{Cr}_{2}\mathrm{AlC},\mathrm{Al}_{2}\mathrm{O}_{3}$	Atmospheric Plasma Spray (APS) method, Mechanical properties, high thermal stability	High-temperature structures, thermal barrier coatings for gas-turbine engines, heating elements	[169] [170] [171] [172] [173]
$\mathrm{Ti}_{2}\mathrm{AlN},\mathrm{Ti}_{3}\mathrm{AlC}_{2},\mathrm{Ti}_{3}\mathrm{C}_{2}$	Reactive sintering method, Filtration membranes	Water purification, gas separation, industrial processes	[17 <u>4]</u> [175] [176]
${ m Ti}_3{ m SiC}_2$, ${ m Ti}_3{ m AlC}_2$, ${ m Cr}_2{ m AlC}$, PLA- MoAlB	Fused deposition modeling (FDM) method, Tunable electromagnetism	Electromagnetic interference shielding	[<u>177]</u> [178] [<u>179]</u>
${ m Cu/Ti}_3{ m SiC}_2$	Electrofriction properties	Electrofriction material,	[180] [181]
$ m Cr_2 AlC$, $ m Ti_2 AlC$	SPS + Powder Milling,	Crack healing	[182] [183]
Cu-MAX phase, ${ m Ti}_2{ m AlC}$	Electrodeposition, Evaporation, High electrical conductivity	Composite coating	[184] [185]
${ m TiC}_x$ -TiB $_2$	Combustion synthesis and hot press Method, compression properties, abrasive wear behavior and thermo-physics properties	Heat Sink	[186]
${ m Ti}_3{ m C}_2{ m T}_x$, ${ m Ti}_3{ m Alc}_2$	Selective etching Method,lubrication	Biomedical	[66] [187] [188] [189] [190]
${ m Ti}_3{ m C}_2{ m T}_x$	ball milling + Selective etching method, electrolyte/cation	Supercapacitors	<u>[191]</u>

MAX/MXene	Methods/Properties	Application	Ref
	interfacial charge transports properties		
$ m Fe_2AlB_2,Al_2O_3-C$	Hot pressing Method, Damage tolerance, electrical conductivity, and machinability	Thermal shock resistance	[192] [193]
$\mathrm{Hf_3C_2T_x},\mathrm{Mo_2CT_x}$	selective etching method, chemical properties	Batteries	[68] [194] [195]
Cr_2AlC	Cr ₂ AlC Pressure-less sintering method, physico-chemical properties		<u>[160]</u>
$\rm M_2N$ (M = Ti, Zr, Hf, V, Nb, Ta, Cr, Mo, and W)	Theoretical simulations, Perdew– Burke–Ernzerhof (PBE-D3)	CO ₂ capture	<u>[166]</u> [<u>167]</u>
$V_2 X T_2 (X: C, N; T: O, F)$	Full potential linearized augmented plane-wave (FP-LAPW)	Spintronics	<u>[196]</u>

Table I. Methods/properties and applications of different MAX and MXene materials

II. Structure of MAX phase and MXene

A. Structure of the MAX phase

The MAX phase is a nanolayered ternary group compound with hexagonal lattice structure and forms a P6₃/mmc space group with atomic planes of A atoms interleaving rock salt-structured [M₆C]- octahedra^{[197][198]} shown in Fig.2. In Fig.2(a-c) the 211 MAX phase represents a class of materials with the stoichiometry M₂AX, consisting of two layers of transition metal (M), one layer of an element of the A group (A), and a single layer of carbon or nitrogen (X) arranged in an alternating structure.

The 312 MAX phase features a stoichiometry of M_3AX_2 , where three layers of transition metal alternate with a single layer of the A group element and two layers of carbon or nitrogen. The 413 MAX

phase is characterized by a composition of M_4AX_3 , containing four layers of transition metal interleaved with one layer of an A-group element and three layers of carbon or nitrogen.

Similarly, there are higher n values such as the 514 MAX phase, which follows the formula M_5AX_4 , with five layers of transition metal, a single layer of the A-group element, and four layers of carbon or nitrogen, and the 615 MAX phase, which exhibits a stoichiometry of M_6AX_5 , involving six layers of transition metal, one layer of the A-group element, and five layers of carbon or nitrogen in a repeating pattern.

Some of different type of MAX phase materials are as follows:

- 2:1:1 \rightarrow Ti₂ZnN^[199] V₂ZnC^[200] Nb₂CuC^[201] Mn₂GaC^[202] Mo₂AuC^[203] Ti₂AuN^[204] (Ti_{1-x}Cr_x)₂AlC (x= 0.25, x= 0.75)^{[205][206]}, V₂(Sn_{0.67}Fe_{0.33})C^[207] etc.
- $\begin{array}{l} \bullet \quad 3:1:2 \rightarrow V_{3}AlC_{2}^{\underline{[208]}} Ti_{3}SiC_{2}^{\underline{[23]}} Ta_{3}AlC_{2}^{\underline{[209]}} Ti_{3}ZnC_{2}^{\underline{[210]}} Zr_{3}AlC_{2}^{\underline{[19]}} (Ti_{0.5}V_{0.5})_{3}AlC_{2}^{\underline{[211]}} (V_{0.5}Cr_{0.5})_{3}AlC_{2}^{\underline{[212]}} etc. \end{array}$
- 4:1:3 \rightarrow Ti₄AlN₃^[213] V₄AlC₃^[214] Nb₄AlC₃^[215] Ta₄AlC₃^[216] (Mo,V)₄AlC₃^[217](Ti_{3/8}Cr_{5/8})₄AlC₃ [107] etc.
- 5:1:4 \rightarrow Mo₄VAlC₄^[218], (Ti_{0.5} Nb_{0.5})₅AlC₄^[219], etc.

Some of different type of MXene materials are as follows:

- Single transition metal MXene (2:1): $Mo_2N^{[220]}$, $(Ti_{2-y}Nb_y)C^{[221]}$, $V_2C^{[222]}$, $Nb_2C^{[222]}$, $Mo_2C^{[223]}$, $Mo_{1.33}C^{[224]}$, $Ti_2N^{[225]}$, $(V_{2-y}Nb_y)C^{[221]}$, $(Ti_{2-y}V_y)C^{[221]}$, $Ti_2C^{[226]}$, $W_{1.33}C^{[227]}$, $Nb_{1.33}C^{[227]}$,
- Single transition metal MXene (3:2): $Hf_3C_2^{[194]} Ti_3C_2^{[116]}$, $Zr_3C_2^{[229]}$ and $Ti_3CN^{[226]}$
- Single transition metal MXene (4:3): $Ta_4C_3^{[226]}$, $Nb_4C_3^{[142]}$, $V_4C_3^{[230]}$, $Ti_4N_3^{[231]}$ (Mo,V) $_4C_3^{[232]}$
- Single transition metal MXene (5:4): $Mo_4VC_4^{[218]}$
- Double transition metal MXene (2:1:2) MXenes: Mo₂TiC₂^[233], Mo₂ScC₂^[234] Cr₂TiC₂^[233]
- Double transition metal MXene (2:2:3) MXenes: Mo₂Ti₂C₃[233]

In this way, the MAX phase forms a regular arrangement of atoms that form $M_{n+1}X_n$ layers, where X atoms sandwiched between M layers and the layer of A atoms stack again alternatively with the $M_{n+1}X_n$ layer along the c-axis direction^[235].

Fig.1 illustrates the elements present in the MAX phases, MXenes, and their intercalated ions. The elements marked with blue stripes are exclusive to MAX phases, and their corresponding MXenes have not been synthesized yet. Elements with a red background represent the A elements in MAX phases that can be etched to produce MXenes. Cations with a green background have been successfully intercalated into MXenes.

There are two other types of structure called the out-of-plane ordered $\frac{[107][234][245][250][251]}{(0-MAX)}$ quaternary MAX phase $(M', M'')_3AX_2$ or $(M', M'')_4AX_3$ and the in-plane ordered (i-MAX) phases $(Mo_{2/3}, Sc_{1/3})_2AlC$, $(V_{2/3}, Zr_{1/3})_2AlC$, $(Mo_{2/3}, Y_{1/3})_2AlC$, $(Cr_{2/3}, Zr_{1/3})_2AlC$ and $(Cr_{2/3}, Zr_{1/3})_2AlC$ $\frac{[108][252]}{2}$

In i-MAX featuring a 211 stoichiometry, the M elements is in an in-plane arrangement. Theoretical and empirical knowledge have allowed the formulation of rules governing i-MAX formation, involving certain criteria such as a ratio of 2: 1 for M1: M2, the two metals differ significantly in size, with M2 being larger than M1. Furthermore, electrons tend to occupy bonding orbitals, strengthening the connections between atoms and the small A element, which influences how it fits within metal layers^{[110][253]}. whereas o-MAX phase materials follow a general formula of $(M_1, M_2)_{n+1}AlC_n$, with n being either 2 or 3. In these structures, two M₁ layers surround one or two M₂ layers within each M layer, creating a distinctive arrangement. The first o-MAX phase, $(Cr_{2/3}Ti_{1/3})_3AlC_2$, was discovered by a solid-state reaction between Cr_2AlC and $TiC^{[18]}$.

MAX phases can undergo phase transitions when exposed to extreme conditions, such as high temperature or pressure^[25,4]. These changes usually involve modifications to the layer stacking sequence or a shift from a hexagonal structure to a more compact form. For example, at elevated temperatures, MAX phases can transform from a hexagonal to a more organized or distorted configuration. Similarly, when they are subjected to mechanical stress, these phases may experience delamination or exfoliation, leading to the creation of MXenes. MAX phases, including Ti_3SiC_2 and Ti_2

AlC, undergo phase transitions under extreme conditions such as temperature and mechanical stress. At high temperatures, they can change from a hexagonal structure to a more ordered or distorted structure^{[101][255][256]}.

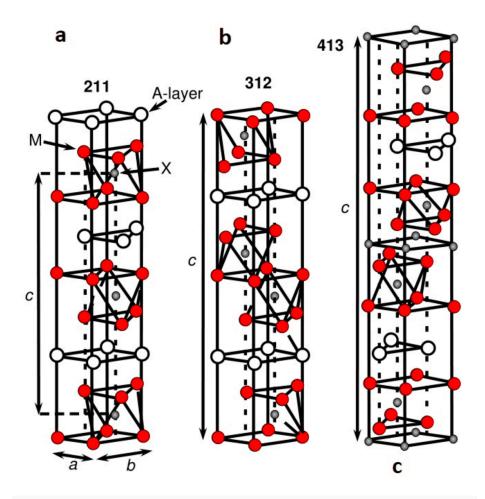


Figure 2. MAX phase unit cells: (a) 211, (b) 312, and (c) 413 phases. Reprinted with permission from Ref.^[257]. © Copyright (2017) Elsevier.

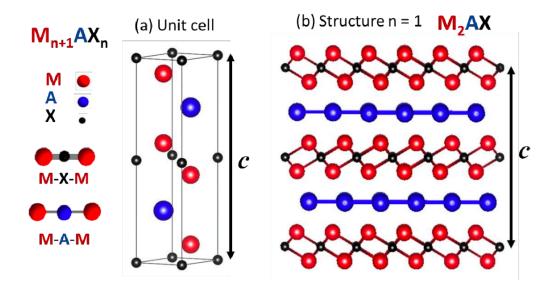


Figure 3. (a) Mn+1AXn phase unit cell with the c-axis nor- mal to the basal plane. (b) Nanolaminated Mn+1AXn phase structure with n = 1, where the monolayer of the A element is interleaved by M-X-M slabs. Redrawn from Ref.^[258].

Figure 4. MAX phases and $M_{n+1}AX_n$ phase structures

B. Structure of MXene

The structure of MXene retains the symmetry of its precursor MAX phase with P6₃/mmc space group, which has a hexagonal crystal structure and the general formula $M_{n+1}X_n$, where M and X represent the early transition metal and (C or N) respectively & n = 1, 2, 3. However, during the etching process used to separate MXene from the MAX phase, termination groups such as -F, -OH, or =O are added. This results in a more general formula: $M_{n+1}X_nT_z$, where n = 1, 2, 3 and T represent the termination groups [259].

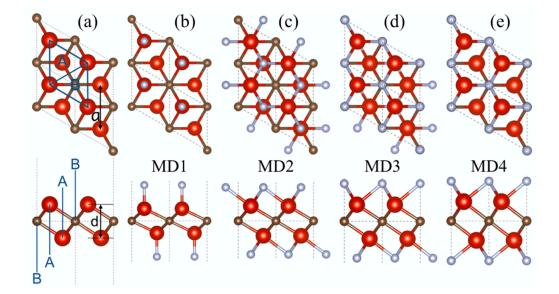


Figure 5. Atomic structure of (a) pristine $M_2 X$ with the two types of hollow sites A and B, and terminated $M_2 X T_2$ in the four configurations: (b) MD1, (c) MD2, (d) MD3, and (e) MD4. M, X, and T elements are respectively in red, brown, and blue. Reprinted (abstract/excerpt/figure) with permission from Ref.^[260] © Copyright (2018) by the American Physical Society.

Similarly, out-of-plane o-MXene has hexagonal symmetry with a general formula of $M'_2M''X_2$ or $M'_2M''_2X_3$, while in-plane i-MXene has the formula $(M'_{2/3}M''_{1/3})_2X$. Upon functionalization and the addition of termination groups, the stability of MXenes is further improved thermodynamically^[261]. MXenes can also experience phase transitions when exposed to harsh conditions such as high temperatures or mechanical stress. Such transformations play a crucial role in the properties of MXenes, particularly in their use in energy storage and catalytic applications. These transitions typically involve changes in the structural arrangement of the layers, such as a shift from a hexagonal structure to a more compacted form. Specifically, $Ti_3C_2T_x$ MXene undergoes two main phases: (1) a low temperature phase transition (700–1000 ° C), forming a mixture of Ti_2C and TiC_y , and (2) a high temperature transition above 1000 ° C, resulting in a pure TiC_y phase^[262]. Mechanical stress, such as delamination of the MAX phases, can also lead to MXenes forming as two-dimensional materials, altering their atomic configurations and properties. These transitions are essential for the development of MXenes in applications such as energy storage and catalysis.

III. Synthesis

A. Synthesis of MAX phase

In general, there are two approaches for MAX phase synthesis: top-down and bottom-up approaches. Most traditional ternary MAX phases have been synthesized using the bottom-up approach. These approaches involve powder metallurgy (powder synthesis) and thin film deposition^{[71][107][237][249]}. [263][264,][265]]. These methods open the doors to substituting the A-site with different possible chemical compositions, exploiting a wider range of material properties.

The top-down approach allows for modification of post-synthesis layer A, and we can expand the elements of group A beyond group 12 to $16^{[201][266][267][268][269]}$.

1. Bottom-up approach

The main characteristic of the bottom-up approach is the direct synthesis method, such as solid-state reaction, hot pressing^{[19][20]}, spark plasma sintering(SPS)^{[270][271][272][273][274]}, self-propagating high-temperature synthesis (SHS)^{[23][24][25][26]}, microwave-assisted heating^{[27][28]}, physical vapor deposition^{[30][31][32][33]}, chemical vapor deposition^{[34][35]}, and thermal spraying^{[36][37]}.

2. Top-down approach

The top-down approach is characterized by the way the A-group layer is modified. These phases are typically obtained from a bottom-up method, where the layers A are partially or completely modified after synthesis using techniques such as molten salt-assisted synthesis^[29], sputter deposition, laser processing, ball milling, and reactive sintering^[265], among others.

Fig.6 illustrates the different methods for synthesizing MAX phases, and Table II summarizes some of the well-known synthesized MAX phases, properties and methods.

The following are some of the standard synthesis methods of MAX phase.

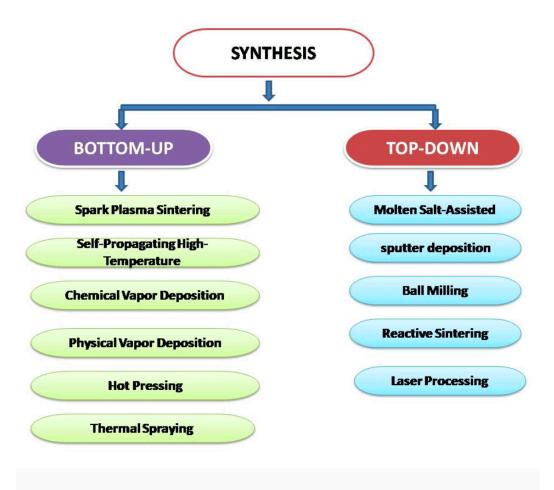


Figure 6. Illustration of MAX Phase Synthesis methods

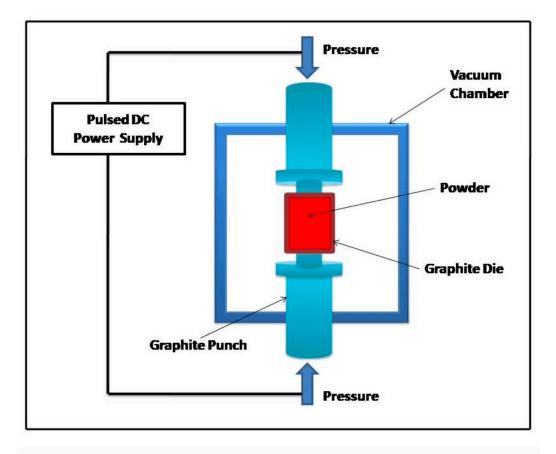


Figure 7. Diagram of spark plasma sintering (SPS) setup

A1. Spark Plasma Sintering(SPS)

The synthesis of MAX phases by Spark Plasma Sintering (SPS) as shown in Fig.7 is a precise and efficient technique that integrates high temperatures, uniaxial pressure, and pulsed electric currents^{[27,5][27,5][27,6]}. The process begins with mixing stoichiometric amounts of fine powders, such as Maxthal powder, consisting of a transition metal (e.g., Ti), an A-group element (e.g., Al), and a carbon or nitrogen source, to achieve uniformity. The blended powder is then placed into a graphite die, with graphite foil used as a protective layer to prevent sticking between the powder and the die components.

During sintering, the SPS system applies rapid heating rates, typically ranging from 50–100 °C/min, to reach the target temperature, which is generally between 1000° C and 1500° C, depending on the specific MAX phase. At the same time, two different uniaxial pressures of 20 to 50 MPa are applied through two axes to help the material become denser. This pressure helps to reduce air gaps between

the particles, encourages the particles to fit together more tightly, and improves the bonding between them, leading to a stronger and more solid structure. Pulsed direct current passes through the graphite die, producing localized heating and plasma, which accelerates diffusion and the chemical reactions necessary for phase formation. The temperature is maintained for 5 to 30 minutes to allow complete development of the MAX phase structure. Controlled cooling follows to prevent structural defects, such as cracks or unintended phase changes. The sintered material is then characterized using methods like X-ray diffraction (XRD) for phase verification and scanning electron microscopy (SEM) for microstructural analysis. This method yields high-purity MAX phases with customizable properties that can be subsequently converted into MXenes by selectively etching out the A-group element. In this process, several factors contribute to the final properties of the material. The choice of solvent can affect precursor dispersion and reactivity. Temperature plays a critical role in driving the sintering process and ensuring proper phase formation. The environment, such as a controlled atmosphere, prevents oxidation and preserves phase stability. Pressure aids in densifying the material and improving crystallinity. Finally, the cost of preparation is influenced by the energy-intensive nature of SPS, which requires specialized equipment to precisely control these conditions.

A2. Self-Propagating High-Temperature Synthesis (SHS)

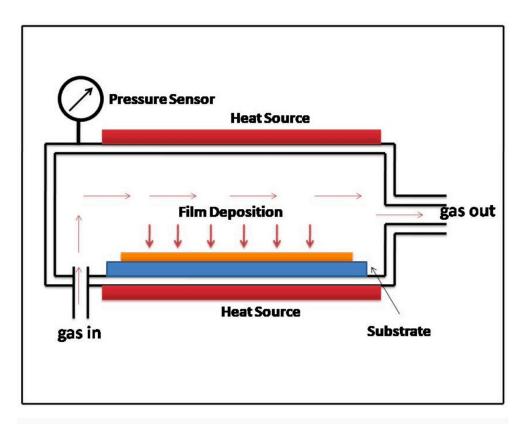
Synthesis of MAX phases using Self-Propagating High-Temperature Synthesis (SHS) involves an efficient exothermic reaction that begins with the application of a small external energy input and then propagates autonomously^{[277][278][279][280][281]}. The process begins by preparing a mixture of stoichiometric powders, typically comprising a transition metal (such as titanium), an element of group A (such as aluminum), and a carbon or nitrogen source in appropriate ratios. These reactants are carefully blended to ensure uniformity.

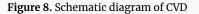
Once the powders are mixed, the reaction is initiated by applying heat, which triggers the exothermic reaction between the fuel and the oxidizer. The heat generated during this reaction is sufficient to sustain the process without the need for continuous external energy input, rapidly raising the temperature of the reactants to more than 1000 $^{\circ}$ C. This high temperature facilitates the formation of the MAX phase, a metal carbide or nitride with a unique layered structure.

The SHS reaction is typically conducted in an inert atmosphere or vacuum to prevent unwanted oxidation and ensure the desired reaction. The synthesis can be performed in different forms, such as powder compaction or thin-layer deposition, to control the morphology and size of the final product.

After the reaction, the material was allowed to cool, usually rapidly, to preserve its microstructure and phase purity. The resulting MAX phase was then characterized by various techniques, such as XRD and scanning electron microscopy (SEM), to confirm the phase structure and examine its microstructure. SHS offers a highly energy-efficient and cost-effective method for synthesizing MAX phases, producing high-purity materials suitable for a range of advanced applications.

Maintaining temperature is vital in this process as it initiates and sustains the exothermic reaction driving the synthesis and also controlling environmental factors, such as the atmosphere, is essential to prevent oxidation and pressure plays a role in the reaction kinetics and the evolution of phases, while SHS's energy-efficient nature keeps preparation costs low by minimizing the need for external heating compared to other methods.





A3. Chemical Vapor Deposition(CVD)

This method is usually used to obtain thin film MAX phases. Fig.5 represents the schematic representation of CVD setup. It involves a sequence of steps where metal(M), aluminum(A), and

carbon/nitrogen-based precursor gases are introduced into a reaction chamber and undergo chemical reactions on a heated substrate, ultimately forming the desired MAX phase structure. Initially, gaseous precursors, such as metal halides (e.g. titanium chloride, vanadium chloride), aluminum compounds (e.g. aluminum chloride, aluminum alkyls), and carbon sources (e.g., methane, acetylene, or carbon monoxide), are introduced into the chamber. This reaction chamber is heated to temperatures ranging from 800°C to 1100 $^{\circ}$ C, depending on the specific MAX phase that is being synthesized.

When the gaseous precursors come into contact with the heated substrate, typically a ceramic or metal surface, they react chemically to form the MAX phase material. For example, to synthesize Ti_2AlC_2 , titanium and aluminum precursors are introduced into the chamber, together with a carbon source. These react at high temperatures to produce Ti₃AlC₂, with byproducts such as hydrochloric acid or other gases being vented. The key to a successful CVD process lies in maintaining precise control over the temperature, pressure, and precursor flow rates, ensuring the correct stoichiometry and crystalline structure of the MAX phase. CVD can be performed at atmospheric pressure (APCVD) or low pressure (LPCVD), depending on the requirements of the application. To achieve the desired MAX phase, careful control over the chemical composition of the precursors is necessary. For example, the carbon source must be accurately regulated to prevent excess carbon, which could lead to the formation of undesired carbide phases instead of the intended MAX phase. Once the deposition is complete, additional post-deposition treatments, such as sintering or annealing, may be applied to refine the microstructure and enhance the crystalline quality of the MAX phase. This method allows for the production of dense, uniform films that adhere well to the substrate, making it an effective approach for the fabrication of MAX phases for various applications, including protective coatings, electronic devices, and energy storage systems.

A4. Physical Vapor Deposition(PVD)

MAX phases through the Physical Vapor Deposition (PVD) process involve the deposition of metal (M), aluminum (A), and carbon or nitrogen (X) atoms from a vapor phase onto a substrate, where they react under controlled conditions to form the desired structure of the MAX phase^{[282][283]}. The process begins by introducing solid precursor materials, such as titanium, vanadium, or aluminum, into a vacuum chamber where they are heated or evaporated. In some cases, carbon sources (such as graphite or methane) are also introduced to ensure the carbon content necessary for MAX phase

formation. The chamber is typically maintained at low pressure, and the evaporated precursors are directed onto the substrate surface, where they condense and react to form a thin film of the MAX phase. In PVD, the metal and carbozn precursors undergo physical vaporization processes such as thermal evaporation, sputtering, or laser ablation. Upon reaching the heated substrate, these atoms or ions condense to form the MAX phase material. For example, to produce Ti₃AlC₂, titanium and aluminum are vaporized and deposited on a substrate, where they react with carbon atoms, leading to the formation of the Ti₃AlC₂ structure. The main challenge in PVD for MAX phases is to achieve proper stoichiometry by controlling the flux and energy of the arriving species, ensuring the correct atomic ratio between the metal, aluminum, and carbon.

The PVD process can be performed using various techniques, such as thermal evaporation, sputtering, or pulsed laser deposition (PLD), with each technique offering distinct advantages depending on the specific requirements of the MAX phase. The process can be conducted under vacuum or low pressure conditions, and the temperature of the substrate is typically controlled to ensure proper deposition and phase formation. Once the MAX phase is deposited, post-deposition treatments such as annealing or additional sintering steps may be required to refine the crystal structure and improve the phase purity of the final product. The PVD process enables the formation of dense, high-quality MAX phase films that adhere well to substrates, making it a promising technique for producing MAX phases for applications such as protective coatings, electronic devices, and energy storage materials.

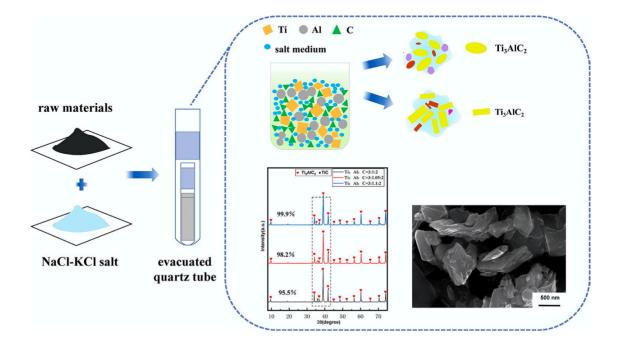


Figure 9. Diagram of Molten Salt-Assisted synthesis. Reproduced with permission from Ref^[284.] Copyright (2020) Elsevier

A5. Molten Salt-Assisted synthesis

This approach uses molten salts to accelerate reaction rates and allow the formation of MAX phases at temperatures lower than those of conventional methods. The process starts with the selection of precursors, including metal powders, salts (both metal and non-metal), carbon sources, and molten salts such as NaCl or KCl. These materials are mixed in stoichiometric proportions and ball-milled for uniformity. The mixture was then placed in a crucible, heated in a high-temperature furnace under an inert atmosphere, and molten salt was added to aid in the diffusion of the reactant. The molten salt functions as a flux, lowering the reaction temperature and helping to reduce the number of metal oxides by carbon, which promotes the formation of carbide or nitride phases. Once the reaction is complete, the system is cooled, and the solidified salts are separated from the product. The MAX phase is then washed to remove any remaining salts or impurities. The final product is characterized using methods like X-ray diffraction, scanning electron microscopy, and energy dispersive X-ray spectroscopy to verify its purity, structure, and morphology. This method offers benefits such as lower reaction temperatures, enhanced diffusion of reactants, and better phase control, although challenges such as maintaining exact stoichiometry and effectively removing molten salts persist. The technique

has been successfully used to synthesize various MAX phases, such as Ti_3AlC_2 , $Ti_2AlC_{284}[285][286]$, Ti_3SiC_2 , Ti_2AlN , Ti_2AlC , Ti_3AlC_2 , V_2AlC , as well as MoAlB and Cr_2AlB_2 [287][288].

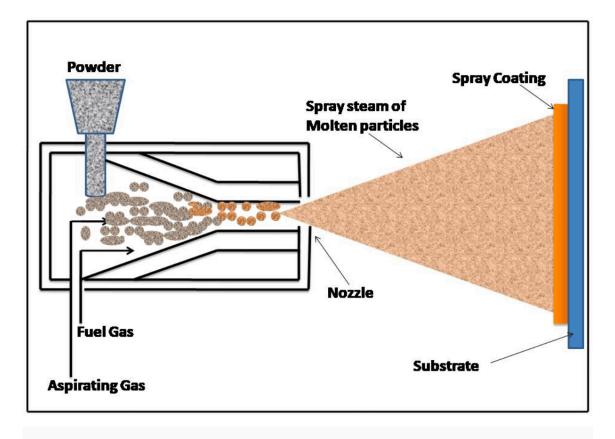


Figure 10. Schematic representation of Thermal Spray Method

A6. Thermal Spraying

Thermal spraying is another method used to synthesize MAX phases, such as Ti₃AlC₂, by coating substrates with powdered precursors that are heated and sprayed onto a surface. Fig.10 illustrates the schematic process of the thermal spray method. The process typically involves using a high-temperature flame or plasma to melt the precursor powders and propel them onto a substrate, where they rapidly cool and form a solid coating. In the case of MAX phases, the powders generally consist of elemental titanium (Ti), aluminum (Al), and carbon (C) or a mixture of these components in the desired stoichiometric ratios. The thermal spraying method allows for the deposition of these materials in a controlled manner, enabling the formation of a dense MAX phase coating. One key advantage of this method is that it can be performed at relatively low temperatures compared to traditional sintering techniques, preventing undesirable reactions or decomposition. In addition, the

rapid cooling process helps to achieve finer microstructures. Various types of thermal spraying techniques, such as plasma spray, flame spray, or high-velocity oxygen fuel (HVOF) spraying, can be employed depending on the desired coating characteristics and the substrate material. After the spraying process, the MAX phase coating is often subjected to post-deposition treatments, such as heat treatment or annealing, to further enhance the quality and phase purity of the MAX phase. The method offers flexibility in producing thin, uniform coatings and is particularly useful in applications where high-performance coatings with specific mechanical properties, such as wear resistance and thermal stability, are required.

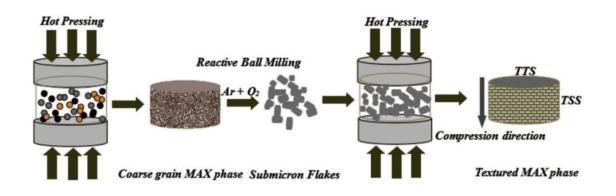


Figure 11. Schematic representation of Hot Pressing Method. Reproduced with permission from Ref^[289] Copyright (2020) Elsevier

A6. Hot Pressing

It is a popular method for making MAX phases by applying high temperature and pressure to compact and form the material from powdered precursors. Fig.11 represents a schematic diagram of Hot Pressing method. In this process, a mixture of elemental powders such as M, A, and X is placed in a mold. The powders are then heated and compressed in a controlled environment, typically under an inert atmosphere, to create the desired MAX phase.

The temperature during hot pressing is usually set between 1200 o C and 1600 o C^[24], depending on the specific MAX phase being performed. The pressure applied can range from a few MPa to several hundred MPa, helping to make the material more compact, reduce air pockets, and ensure a uniform product. This combination of heat and pressure speeds up the diffusion of atoms and encourages the formation of the desired phase, resulting in a high-quality, dense MAX phase.

One of the main advantages of hot pressing is its ability to produce dense materials with minimal pores, which is important to achieve strong and hard MAX phases. The process also allows for better control over the grain structure, as the applied pressure and heat help align the grains in the final product. Hot pressing is suitable for both small-scale laboratory production and large-scale industrial manufacturing of MAX phases. However, there are challenges with hot pressing, such as ensuring an even temperature and pressure throughout the sample, which can affect the quality of the final material. The method also requires specialized equipment and careful optimization of conditions to achieve the desired properties and phase purity^{[23][290]}. Despite these challenges, hot pressing remains an effective and versatile technique for making MAX phases with excellent mechanical properties.

Ceramics Composition	Applied Method	Properties	References
Ti ₃ AlC ₂	SHS	TMD = 99.29%; HV = 4.22±0.96 GPa; K _{iC} = 8.52±1.86 MPa ^{1/2}	[291]
Ti ₂ AlC	SHS	TMD = 74.56%; HV = 0.62±0.27 GPa; K _{iC} = 7.88±0.57 MPa ^{1/2}	[291]
Ti ₂ AlC	SPS	TMD = 94.42%; capacitance = 73 mF/g	[22]
V ₄ AlC ₃	SPS	TMD = 99%; HV = 6.74 ± 0.12 GPa; BS = 389 ± 19 MPa	[<u>21]</u>
Ti ₃ AlC ₂	Molten Salt-Assisted	TMD > 99.0%;	<u>[284]</u>
Nb ₄ AlC ₃	Reactive Hot Pressing	lpha = 7.10 $ imes$ 10 ⁻⁶ °C ⁻¹ ; E = 350 GPa; K _{iC} = 6.0 MPa ^{1/2}	[<u>20]</u>
Ti ₂ AlC	Ball Milling + SPS	TMD = 95.0%; HV = 8.7 GPa; $k_{ m fr}$ = 0.35	[292]
Zr ₃ AlC ₂ C	Reactive Hot Pressing	HV = 4.4 ± 0.4 GPa	[19]
Ti ₃ SiC ₂	Molten Salt Shielded Synthesis	TMD = 95.3%	<u>[288]</u>
Ti ₃ AlC ₂	Microwave-assisted Heating	TMD = 98.5%	[286]

Table II. Table illustrates some common MAX Phases fabricated by different methods and theirTheoretical Maximum Density (TMD), Vickers Hardness (HV), Bending Strength (BS), Fracture Toughness(K_{Ic}), Young Modulus (E), Coefficient of Thermal Expansion (α), Friction coefficient (k_{fr}) values.

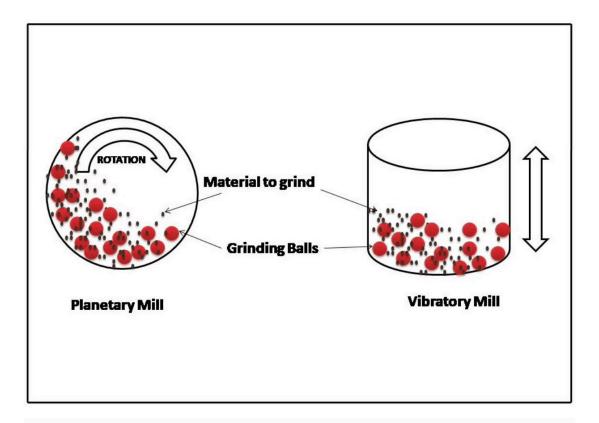


Figure 12. Schematic diagram of Ball Milling Method

A7. Ball Milling

The synthesis of MAX phases through ball milling follows a structured process that integrates mechanical alloying with subsequent thermal treatment to create the desired nanolaminate structures. Fig.12 represents schematic diagram of the process. Initially, the precursor materials required, which are typically high-purity elemental powders of M (transition metal), A (IIIA group IIIA or IVA element), and X (carbon or nitrogen), were accurately weighed in stoichiometric proportions. These powders are then placed in a high-energy ball mill, such as a planetary or shaker mill, alongside milling media such as hardened steel or tungsten carbide balls. To achieve optimal results, the ball-to-powder weight ratio (BPR) is adjusted, usually within the range of 5:1 to 15:1, depending on the specific materials and the milling setup. Milling is conducted under an inert atmosphere, such as an argon atmosphere, or in a vacuum to prevent oxidation and contamination. During the milling process, repeated impact and friction between balls and powder particles facilitate mechanical alloying. This process induces plastic deformation, particle fracture, and cold welding, leading to a uniform powder mixture and a significant reduction in particle size to the nanometer

scale. The duration of milling, which can range from a few hours to several tens of hours, is crucial to obtaining a fine and homogeneous powder mixture. Extended milling ensures thorough mixing and activates the powders, enhancing their reactivity in the subsequent stages. The milled powder is then subjected to thermal treatment, typically in a tube or box furnace, to promote the formation of the MAX phase. The powder is either compacted into pellets or placed in a crucible before being heated to temperatures ranging from 1000°C to 1500°C, depending on the target MAX phase. This heating process is carried out under an inert or reducing atmosphere, such as an argon or argon-hydrogen mixture, to prevent oxidation. The temperature is maintained for an optimized dwell time, often lasting several hours, to ensure a complete phase transformation. After synthesis, the sample was cooled to room temperature and analyzed using techniques such as X-ray diffraction (XRD) to verify the formation of the MAX phase. If secondary phases are identified, adjustments to parameters such as milling duration, temperature, or stoichiometric ratios may be necessary. Finally, the resulting MAX phase is examined using microstructural characterization methods, such as scanning or transmission electron microscopy, to assess its laminar structure and purity. This approach is popular because of its simplicity, cost-effectiveness, and ability to produce fine reactive powders.

Category	Synthesized
	• Al: Ta ₂ AlC ^[81] , Ti ₂ AlN ^[293] , Ti ₃ AlC ₂ ^[93] , Zr ₃ AlC ₂ ^[19] , Ta ₃ AlC ₂ ^[294] , Ti ₂ AlC ^[81] , V ₂ AlC ^[81] , Cr ₂ AlC ^[81] ,
	$Zr_2AlC^{[19]}$, Nb ₂ AlC ^[81] , Hf ₂ AlC ^[19] , Hf ₃ AlC ₂ ^[19] , V ₄ AlC ₃ ^[295] , Nb ₄ AlC ₃ ^[215] , Ta ₄ AlC ₃ ^[296] , Ti ₄ AlN ₃
	$\frac{[16]}{16}$, Ta ₆ AlC ₅ [294], Ti ₅ Al ₂ C ₃ [297].
	• Si: $\text{Ti}_3 \text{SiC}_2^{[75]}$, $\text{Ti}_4 \text{SiC}_3^{[33]}$, $\text{Ti}_5 \text{Si}_2 \text{C}_3^{[33]}$, $\text{Ti}_7 \text{Si}_2 \text{C}_5^{[33]}$.
	• $P: V_2 PC^{[298]}, Nb_2 PC^{[299]}.$
	• S: $Ti_2SC^{[300]}$, $Zr_2SC^{[300]}$, $Nb_2SC^{[299]}$, $Hf_2SC^{[92]}$, $Zr_2SB^{[301]}$, $Nb_2SB^{[302]}$, $Hf_2SB^{[301]}$.
	• Fe: $Ta_2FeC^{[303]}$, $Nb_2FeC^{[303]}$, $Ti_2FeN^{[303]}$.
	• Co: $Nb_2CoC^{[267]}$, $Ta_2CoC^{[267]}$.
	• Ni: Nb ₂ NiC ^[267] , Ta ₂ NiC ^[267] .
	• $Cu: Nb_2CuC^{\underline{[201]}}, Ti_4CuN_3^{\underline{[304]}}.$
	• $Zn: Ti_2ZnC^{[199]}, V_2ZnC^{[199]}, Ti_3ZnC_2^{[199]}, Nb_2ZnC^{[199]}, Ti_2ZnN^{[199]}.$
	• Ga: $Ti_2GaC^{[83]}$, $V_2GaC^{[81]}$, $Cr_2GaC^{[79]}$, $Mn_2GaC^{[305]}$, $Nb_2GaC^{[83]}$, $Mo_2GaC^{[81]}$, $Ta_2GaC^{[83]}$, Ti_2
	$GaN^{[\underline{83}]}, V_2GaN^{[\underline{92}]}, Cr_2GaN^{[\underline{306}]}, Ti_3GaC_2^{[\underline{307}]}, Ti_4GaC_3^{[\underline{307}]}, Mo_2Ga_2C^{[\underline{308}][\underline{309}]}.$
Single-	• Ge: $Ti_2GeC^{[\underline{82}]}$, $V_2GeC^{[\underline{79}]}$, $Cr_2GeC^{[\underline{79}]}$, $Nb_2GeC^{[\underline{30}]}$, $Zr_2GeC^{[\underline{310}]}$, $Ti_3GeC_2^{[\underline{77}]}$, $Ti_4GeC_3^{[\underline{311}]}$, $Ti_5Ge_2C^{[\underline{77}]}$
Metal	3 ^[311] , Ti ₇ Ge ₂ C ^[311] .
MAX	• As: $V_2AsC^{[312]}$, $Nb_2AsC^{[92]}$.
Phases	• Se: $Zr_2SeC^{[313]}$, $Hf_2SeC^{[314]}$, $Zr_2SeB^{[315]}$, $Hf_2SeB^{[315]}$.
	• $Cd: Ti_2CdC^{[83]}, Ti_3Cd_2C_2^{[316]}.$
	• In: $Ti_2InC^{[\underline{82}]}$, $Zr_2InC^{[\underline{82}]}$, $Hf_2InC^{[\underline{82}]}$, $Nb_2InC^{[\underline{83}]}$, $Ti_2InN^{[\underline{83}]}$, $Zr_2InN^{[\underline{83}]}$, $Ti_3InC_2^{[\underline{107}]}$, Zr_3InC_2
	^[25] , Hf ₃ InC ₂ ^[25] , Hf ₂ InN ^[84] .
	• Sn: Sc ₂ SnC ^[317] , Ti ₂ SnC ^[81] , V ₂ SnC ^[318] , Zr ₂ SnC ^[81] , Nb ₂ SnC ^[83] , Hf ₂ SnC ^[81] , Lu ₂ SnC ^[319] , Hf ₂
	$SnN^{[320]}$, $Nb_2SnB^{[310]}$, $Ti_3SnC_2^{[321]}$, $Zr_3SnC_2^{[25]}$, $Hf_3SnC_2^{[25]}$, $Ti_7SnC^{[322]}$.
	• Sb: $Ti_2SbP^{[323]}$, $Zr_2SbP^{[323]}$, $Hf_2SbP^{[323]}$, $Nb_2SbC^{[316]}$, $Ti_3SbC_2^{[316]}$.
	• Te: $Hf_2TeB^{[324]}$.
	• Ir: $Ti_3 IrC^{[97]}$.
	• Pt: Nb ₂ PtC ^[316] .
	• Au: $Ti_3AuC_2^{[97]}$, $Ti_3Au_2C_2^{[97]}$, $Ti_2Au_2C^{[325]}$, $Mo_2AuC^{[203]}$, $Nb_2AuC^{[316]}$, $Cr_2AuC^{[326]}$, $Ti_2AuN^{[204]}$.
	• Ti: Ti ₂ TlC ^[83] , Zr ₂ TlC ^[327] , Hf ₂ TlC ^[327] , Zr ₂ TlN ^[84] .
	• Pb: $Sc_2PbC^{[41]}$, $Ti_2PbC^{[83]}$, $Zr_2PbC^{[327]}$, $Hf_2PbC^{[327]}$, $Zr_3PbC_2^{[41]}$, $Hf_3PbC^{[41]}$.
	• Bi: $Nb_2Bi_2C^{[316]}$.

Category	Synthesized
o-MAX	• Al: $Mo_2VAlC_2^{[328]}Mo_2V_2AlC_3^{[328]}(Mo_2Ti_2)Al_3^{[251]}(Mo_2Ti)AlC_2^{[250][251]}, Cr_2TiAlC_2^{[107]}, (Cr_{0.75}V_{0.25})_2VAlC_2^{[329]}, (Cr_2/_3V_{1/3})_3AlC_2^{[329]}, (Cr_2/_3Ti_{1/3})_3AlC_2^{[107]}, (Mo_2Sc)AlC_2^{[234]}, (Cr_2V_2)AlC_3^{[329]}, (Mo_2Ti_2)AlC_3^{[251]}, Cr_2+_xTi_2-xAlC_3 (x = 0.5)^{[107]}, (Cr_{0.7}V_{0.3})_2(Cr_{0.2}V_{0.8})_2AlC_3^{[329]}, Mo_2Nb_2^{[329]}, AlC_3^{[320]}.$
i-MAX	 Al: W_{1/3}Mo_{1/3}R_{1/32}AlC (R = Gd, Tb, Dy, Ho, Er, Y)^[331], Mo_{2/3}Sm_{1/3}AlC^[332] Mo_{2/3}Dy_{1/3}AlC^[332] W 4/3 Y_{2/3}AlC^[222], W_{4/3}Gd_{2/3}AlC^[332], W_{4/3}Tb_{2/3}AlC^[332], Wo_{2/3}Sm_{1/3}AlC^[332], Wo_{2/3}AlC^[333], W 4/3 Er_{2/3}AlC^[333], (Mo_{2/3}Sm_{1/3})₂AlC^[332], (Mo_{2/3}Nd_{1/3})₂AlC^[332], (Mo_{2/3}Gd_{1/3})₂AlC^[332], (Mo_{2/3}Tb 1/3)₂AlC^[332], (Mo_{2/3}Ho_{1/3})₂AlC^[332], (Mo_{2/3}Dr_{1/3})₂AlC^[332], (Mo_{2/3}Ca_{1/3})₂AlC^[332], (Mo_{2/3}Tm_{1/} 3)₂AlC^[332], (Mo_{2/3}Ce_{1/3})₂AlC^[332], (Mo_{2/3}Dr_{1/3})₂AlC^[332], Mo_{4/3}Sc_{2/3}AlC^[333], Mo_{4/3}Y_{2/3}AlC^[333], W_{4/3}Lu_{2/3}AlC^[333], V_{4/3}Sc_{2/3}AlC^[232], (Mo_{2/3}AlC^[335], Cr_{4/3}Sc_{2/3}AlC^[136], Cr 4/3Y_{2/3}AlC^[133], Cr_{4/3}Zr_{2/3}AlC^[336], V_{4/3}Sc_{2/3}AlC^[252], V_{4/3}Zr_{2/3}AlC^[135], Cr_{4/3}Sc_{2/3}AlC^[137], Cr 4/3Y_{2/3}AlC^[132], Cr 4/3Y_{2/3}AlC^[132], Cr 4/3Y_{2/3}AlC^[132], Cr 4/3Y_{2/3}AlC^[132], Cr 4/3Sc_{2/3}AlC^[132], Cr 4/3 Cr 4/3 Sc_{2/3}AlC^[132], Cr 4/3 Ho_{2/3}AlC^[132], Cr 4/3 Cr 4/3 Sc_{2/3}AlC^[132], Cr 4/3 Cr 4/3 Sc_{2/3}AlC^[132], Cr 4/3 Cr 4/3 Sc_{2/3}AlC^[132], W_{2/3}AlC^[132], Cr 4/3 Cr 4/3 Sc_{2/3}AlC^[132], Mo_{4/3}Sc_{2/3}AlC^[132], Mo_{4/3}Sc
High- Entropy MAX Phase	• $Ti_2VNbTaZr_2AlC (M = Zr, Hf)^{[255]}, Ti_2NbVZr_2SC^{[341]}, Ti_3VCrMoAlC_2^{[342]}, Ti_{1/3}V_{1/6}Zr_{1/6}Nb_{1/6}Ta_{1/62}AlC_xN_{1-x}^{[343]}, M_4AlC_3 (M = Ti, V, Mo, Nb, Ta)^{[344]}.$

*Note: Table III represents one of the well-known synthesized MAX phases as Single-Metal, o-MAX, i-MAX and high-entropy categories with examples. Added recent synthesized data and reproduced from Ref.^[345]. © Wiley.

However, precise control over milling and sintering conditions is essential to avoid contamination and ensure the successful formation of high-purity MAX phases.

A8. Liquid / solid state reaction

It is a commonly used technique to synthesize MAX phases, which involves the interaction between liquid and solid precursors to drive phase formation^{[346][347][348]}. The process starts with the careful selection of precursors tailored to the specific $(M_{n+1}AX_n)$ phase being synthesized. Typical precursors include transition metals such as titanium and vanadium, A-group elements such as aluminum and silicon, and carbon or nitrogen sources such as graphite or boron carbide. These materials are finely ground and uniformly mixed—often through ball milling—to achieve a homogeneous mixture with fine particle sizes, which enhances the reaction kinetics. The prepared powder mixture is then compacted into pellets to improve particle contact and suppress the development of unwanted phases. During the heating stage, the compacted mixture is subjected to elevated temperatures under controlled conditions, such as in an inert or vacuum atmosphere, to prevent oxidation. When the temperature exceeds the melting point of the A-group element, a liquid phase is formed, which reacts with the solid transition metal and carbon or nitrogen to yield the desired MAX phase. This liquid phase significantly accelerates diffusion, promoting efficient phase formation and uniformity in the resulting structure. The reaction conditions, typically within the range of 1000 to 1500 $^{\circ}$ C, and the duration of heating are meticulously optimized to ensure high product yield and minimal impurity content. After the reaction concludes, the material is cooled, and optional post-synthesis treatments, such as annealing, can be applied to further improve purity and crystallinity.

B. Synthesis of MXene

Thanks to M-A metallic bond which is weaker than the ionic and / or covalent M-X bond, it was possible to exfoliate MXenes from precursor MAX phase^{[349][350][351][352][353]}. The MXenes are produced by selectively etching specific layers of their MAX phase precursors. Selective etching is the widely used top-down approach.

Etching is one of the common methods to obtain Mxene from the MAX phase, where the etched layers are mixed with termination groups such as hydroxyl (-OH), oxygen (-O), or fluorine (-F). Those etched layers are held together by weak forces such as hydrogen or van der Waals. The use of hydrofluoric acid poses a risk; a different path has been explored. Ghidiu et al. first introduced the main substance used in which the mixture of hydrochloric acid (HCl) and lithium fluoride salt was introduced in $Ti_3AlC_2^{[354]}$. This provides a basis for the use of other fluoride salts such as (NaF, KF, and NH_4F)^{[355][355][356]}. Several bottom-up synthesis techniques have also been established, such as chemical vapor deposition (CVD)^{[4,][357][358][359][360][361]}, the template method^{[362][363][364]}, and plasma-enhanced pulsed laser deposition (PEPLD)^{[365][366]}. Compared with the selective etching process, materials created through these bottom-up approaches, especially CVD, exhibit high crystalline quality.

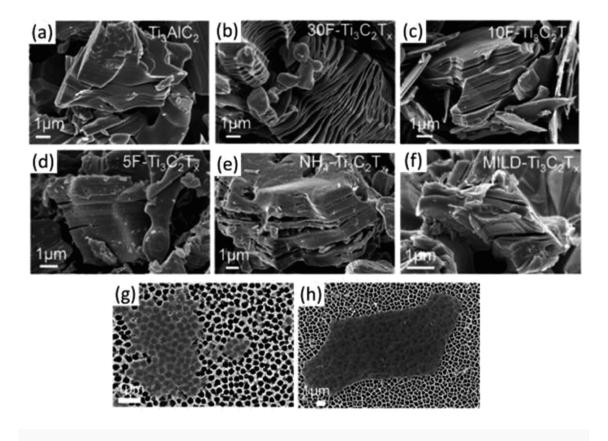


Figure 13. SEM images of MAX and MXene powders etched under various conditions.[©] Royal Society of Chemistry Ref.^[367].

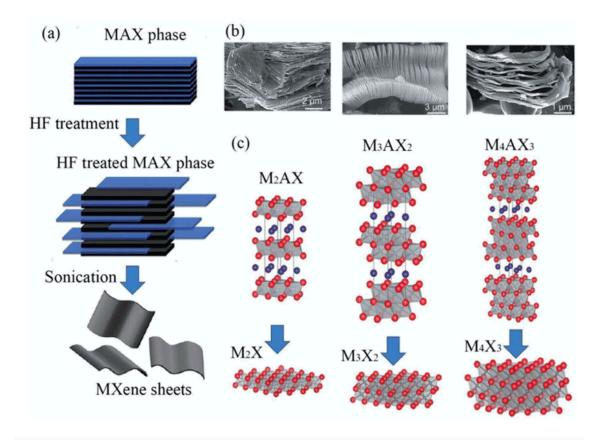


Figure 14. (a) Three main non-terminated MXene structures: $M_2 X$, $M_3 X_2$, and $M_4 X_3$. (b) SEM images of Ti_2AlC , Ti_3AlC_2 , and Ti_4AlC_3 (left to right) following HF treatment. (c) Schematic representation of MXene synthesis from MAX phases. © Royal Society of Chemistry Ref. [<u>167]</u>.

The following are some common methods for synthesizing MXene.

B1. Selective etching methods

The selective etching method is a widely recognized and commonly used approach for the synthesizing of MXenes from their MAX phase precursors. As illustrated in Fig.14, this method involves the targeted removal of the "A" layer, typically composed of elements from group 13 or 14 of the periodic table such as aluminum (Al) or silicon (Si), followed by the exfoliation of MXene layers after treatment with hydrofluoric acid (HF). During the process, the MAX phase material is exposed to acidic solutions such as HF or other fluoride-based etchants, which selectively break the bonds connecting the "A" element to the surrounding layers. This reaction results in the formation of two-dimensional MXene sheets. Subsequent refinement steps, including washing and delamination, were performed to purify and separate the MXene layers, enabling their application in a variety of fields.

The first MXene synthesized using this method was $Ti_3C_2T_x^{[116]}$, obtained by immersing Ti_3AlC_2 powders in a 50 wt.% hydrofluoric acid (HF) solution. The differential reactivity of the M-A and M-X bonds toward HF facilitated the selective removal of Al layers. This process has since been used to produce various other MXenes[142][194][195][222][224][225][230][368][369].

Fig.13(a) shows the SEM images of $T_{i_3}AlC_2$ (MAX) powder, showing its characteristic compact layered structure, (b-d) present multilayered powders $T_{i_3}C_2T_x$ synthesized using HF solutions with concentrations of 30 wt.%, 10 wt.% and 5 wt.%, respectively. In particular, only the 30 wt.% HF treatment produces the distinctive accordion-like morphology. (e) illustrates $T_{i_3}C_2T_x$ powder synthesized via ammonium (NH₄)-assisted etching, while (f) highlights the MILD etching method using LiF in HCl. Both methods exhibit a limited opening of the MXene lamellae, similar to the results observed with 5 wt.% HF etching. Finally,(g) and (h) show individual MXene flakes etched using 5 wt% HF and the MILD technique, displayed on a porous alumina substrate.

B2. Chemical vapor depositions

Chemical Vapor Deposition (CVD) is a highly effective technique for the synthesis of MXenes, providing a controlled environment to produce high-quality thin films or flakes. In this method, precursor gases, which contain the elements necessary for the creation of MXene, are introduced into a heated reaction chamber. These gases, often composed of metals like titanium and other components such as carbon or nitrogen, react at elevated temperatures on a heated substrate to form a solid, thin layer of MXene. The process starts with the deposition of metal layers, commonly titanium, onto a substrate. These metal layers then react with carbon- or nitrogen-based gases to produce the desired MXene compound. For example, MXenes of titanium carbide (TiC) or titanium carbonitride (TiCN) can be synthesized by introducing carbon-rich gases such as methane (CH_4) or nitrogencontaining gases such as ammonia (NH₃). CVD offers precise control over growth parameters such as temperature, pressure, and gas composition, allowing manipulation of the morphology and structure of MXene. This leads to the formation of uniform, thin MXene layers that can be transferred onto various substrates for further processing. In 2015, Xu et al. [4] introduced the first successful method to grow high-quality ultrathin transition metal carbide (TMC) crystals by chemical vapor deposition (CVD). This approach utilized a bilayer metal foil, consisting of copper (Cu) and a transition metal, as the substrate for crystal growth. This method is especially advantageous for producing high-purity MXene films with controlled thickness and consistency, making it suitable for applications in sensors, energy storage, and flexible electronics.

B3. The hydrothermal method

It involves a reaction that occurs under high temperature and pressure within an aqueous environment^{[370][371]}. This process is carried out in a sealed container known as an autoclave, which allows precise control over both temperature and pressure, thus facilitating the necessary chemical reactions to generate MXenes.^{[372][373][374][375]} In this technique, the MAX phase precursor is combined with a suitable etching agent, typically a fluoride-based acid (such as hydrofluoric acid, HF). The mixture is then exposed to elevated temperatures, typically between 100 $^{\circ}$ C and 250 $^{\circ}$ C, and kept under high pressure for an extended period. These conditions promote selective etching of the "A" layer, commonly a metal such as aluminum (Al) or silicon (Si), from the MAX phase, resulting in the formation of MXene sheets. One of the main benefits of the hydrothermal method is that it allows for MXene synthesis under conditions more moderate than that obtained with alternative methods such as selective etching with HF. The controlled conditions within the autoclave lead to high purity and consistent quality of the resulting MXenes. Additionally, this approach can be tailored to produce MXenes with different surface functional groups, depending on the specific etching agents and reaction parameters used. Following hydrothermal treatment, the MXene sheets are typically separated, washed, and exfoliated to produce a few-layer high-quality MXenes suitable for a variety of applications, including energy storage^{[370][370]}, catalysis^[376], capacitor^[371] and detection^[377].

B4. Ball Milling Method

It is a mechanical technique used to synthesize MXenes by applying high-energy collisions to the MAX phase precursor. In this process, the MAX phase powders are placed in a sealed container with hard milling balls and, occasionally, a liquid medium. The container is rotated at high speeds, causing the milling balls to collide with the MAX phase particles, imparting mechanical energy.^{[378][379][380]}

This energy is sufficient to break the bonds between the "A" element (often aluminum or silicon) and the surrounding metal layers of the MAX phase, resulting in exfoliation and the formation of MXene sheets. The ball milling process is highly customizable and can be conducted under various conditions, such as dry or wet milling, in an inert atmosphere, or at different temperatures, depending on the desired properties of the MXenes. The physical and morphological properties of the resulting MXenes are influenced by several factors, including milling type (dry or wet), milling speed, ball-to-powder ratio, and milling duration. Huang et al.^[179] synthesized a Pt/Nb₂C MXene composite-based catalyst through ball milling. They started by immersing 500 mg of Nb₂C MXene in 30 ml of 100% ethanol to prepare a homogeneous solution, assisted by ultrasonication. Chloroplatinic acid was added to the solution and the resulting sample was ball milled in a corundum tank at 150 rpm for 30 minutes to form the Pt/Nb₂C MXene composite. The final product was filtered using a vacuum filter and annealed at 600 ° C for 2 hours under inert conditions. This mechanochemical technique offers a novel, efficient and environmentally friendly method to produce noble electrocatalysts with Nb₂C MXene for energy storage and conversion applications. Ball milling provides a versatile and scalable method for synthesizing MXenes with controlled sizes, thicknesses, and surface characteristics, making it suitable for a wide range of applications, including energy storage, sensors, and catalysis. After milling, the MXene sheets are typically separated, washed, and exfoliated to obtain high-quality, few-layer MXenes, ready for further processing or immediate use.

B5. Electrophoretic deposition

Electrophoretic deposition (EPD) is a technique used to produce MXenes by applying an electric field to a suspension of MXene particles in a liquid medium, such as water or an organic solvent. In this process, the dispersed MXene flakes migrate to an electrode when exposed to the applied electric field^{[381][382]} The first step in the procedure involves the preparation of a stable suspension of MXene. This is achieved by dispersing exfoliated MXene sheets in a chosen solvent, with the addition of surfactants or stabilizers to prevent particle aggregation and ensure even dispersion. The concentration of MXene in the suspension is adjusted as a function of the desired film thickness and morphology. Once the suspension is ready, it is placed in a container between two electrodes-one acting as the anode and the other as the cathode. The electric field applied across the electrodes causes the charged MXene particles to move toward the electrode of opposite charge. The MXene flakes then deposit on the electrode surface, forming a thin film^{[383][384][385]}. The deposition rate and film quality can be controlled by adjusting the applied voltage, deposition time, and concentration of MXene in the suspension. After deposition, the resulting MXene film is dried to remove any remaining solvent. Further processing, such as annealing or sintering, can be performed to improve the structural integrity, electrical conductivity, and other properties of the film. The electrophoretic deposition method enables the fabrication of uniform and controlled MXene films, making it ideal for

applications in areas such as sensors, energy storage devices, and flexible electronics, where thin, precisely structured materials are required. The advantages of electrophoretic deposition include the ability to precisely control the thickness of MXene films, the potential for scalable production, and the flexibility to use different solvents and deposition parameters to customize the properties of the final film^[386].

IV. Properties of MAX phase and MXene

1. Properties of MAX Phase

MAX phase is a class of ternary layered metal carbides and nitrides showing both metallic and ceramics properties^{[23][95][320][367][387][388]} giving rise to variety in its applications. The strong metallic bond between M layers gives good electrical and thermal conductivities, and the covalent bond between M-X gives thermal stability. Its unique layered structure of the MAX phase is characterized by distinctive properties and also allows the creation of hybrid materials by mixing the MAX phase with other materials to reach desired applications.

Electronic Properties

The study of the electronic properties of MAX phases is crucial to understanding their various behaviors. The study of Ti-based carbides (Ti₃SiC₂, Ti₃AlC₂, and Ti₂AlC) has been carried out in a comprehensive manner compared to other MAX phases. All MAX phases show high conductivity similar to that of metals, with refractivities ranging from 0.07 to $2 \mu \Omega m^{[23][95][388]}$. Their resistivity increases linearly with temperature and they have very low Seebeck coefficients^[387]. For example, the electronic resistivity of Ti₂AlC increases from $0.36 \times 10^{-6} \Omega m$ at 300 K to approximately $1.0 \times 10^{-6} \Omega m$ at 1200 K^[389].

Fig.17(d) shows the electrical conductivity and resistivity of large-scale Ti₂AlC synthesized by the SHS/PHIP process from RT to 900° C, the resistivity increasing linearly, indicating the metallic conductivity. The electronic band structure of Nb₂GaC, presented in Fig.15 and discussed in Ref.^[390], demonstrates that the Fermi level (E_F) is represented by a horizontal dashed line, signifying the absence of a band gap due to the overlap of conduction and valence bands. This indicates that Nb₂GaC is a metallic solid. The energy dispersion along the Γ -A, H-K, and M-L pathways corresponds to the *c* -direction, while the A-H, K- Γ , Γ -M, and L-H pathways describe dispersion within the basal (*ab*)

planes. A smaller dispersion is observed in the c-direction compared to the basal plane, suggesting that electronic conductivity is higher in the basal plane. The effective mass tensor is anticipated to be larger in the c-direction, contributing to the reduced dispersion in that orientation. Consequently, the anisotropic nature of electronic conductivity, a hallmark of MAX phases, including Nb₂AlC, is observed in these materials^[391].

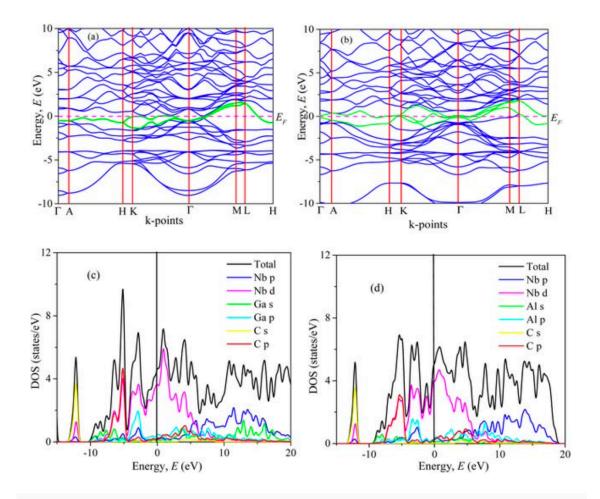


Figure 15. Band structures and the corresponding total and partial density of states (DOS) for (a, c) Nb₂GaC and (b, d) Nb₂AlC, obtained through GGA-PBEsol calculations. Reproduced with permission from Ref. [390] Copyright (2023) Royal Society of Chemistry

Thermal Properties

A thorough understanding of the thermal properties of MAX phases requires studying their thermal expansion coefficients, heat capacity, and conductivity at different temperatures. MAX phases are

known for their distinctive thermal conductivity and typically have thermal expansion coefficients in the range of 7-- 10×10^{-6} K⁻¹. For example, Ta₄AlC₃ exhibits a relatively high thermal expansion coefficient. The thermal conductivity of these materials generally increases linearly with temperature, paralleling the behavior of electronic resistivity. Additionally, the contributions of electrons and phonons to the overall thermal conductivity change with temperature; electrons primarily dominate at room temperature, while phonons play a more significant role in Al-containing MAX phases. This increased phonon contribution in aluminum-rich compositions is attributed to the strong binding of aluminum atoms, which supports coherent vibrations with adjacent atoms^{[290][392][393][394][394][395]}.

Fig17 (f) shows the thermal conductivity, molar heat capacity, and thermal diffusivity of large-scale Ti ²AlC synthesized by the SHS/PHIP process over 200–1200° C. Fig17 (c) compares the temperaturedependent thermal conductivity of the large-scale sample with that of the small-scale sample and other typical MAX phases^[389], (d) shows the variation of the electron, phonon, and total thermal conductivities with temperature.

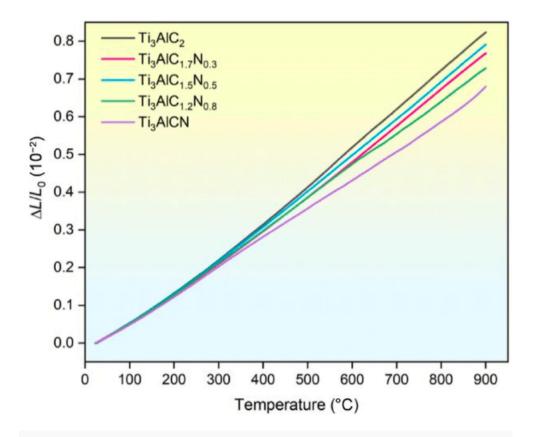


Figure 16. The thermal expansion behavior of $Ti_3AlC_{2-y}N_y$ over the temperature range of 25–900 °C. Reproduced with permission from Ref. [396] Copyright SciOpen

doi.org/10.32388/A3QP41

Mechanical Properties

MAX phases are distinguished by their unique microstructure and chemical bonding, which contribute to exceptional mechanical properties at room temperature. They typically exhibit a high Young's modulus, flexural strength, compressive strength, and fracture toughness, although they have a lower shear and hardness modulus. The high Young's modulus and strength stem from strong covalent bonds between M and A elements, while weaker bonds between the MX and A layers lead to a reduced shear modulus. Although they have a low density (4.1–5 g/cm³), they maintain a high specific stiffness, especially Ti₂AlC, which compares favorably to Si₃N₄ ceramics and exceeds that of Ti metal^{[397][398][392]}.

Exceptions like Ta_2AlC and Ta_4AlC_3 have higher densities (up to 13.18 g/cm³). Generally, MAX phases exhibit moderate hardness (2–5 GPa) and a Young modulus ranging from 282 to 340 GPa, placing them between ZrO_2 and Al_2O_3 ceramics, but above most metals. Although their flexural strength may be lower than that of some ceramics, they show excellent crack resistance due to high fracture toughness, similar to the interlocking microstructure of ceramics Si_3N_4)^{[400][401][402]. Mechanical enhancements through solid solutions or particle reinforcements can improve properties such as flexural strength and Vickers hardness. For instance, $Ti_3Al_{0.8}Si_{0.2}Sn_{0.2}C_2$) exhibits increased flexural strength, while ZrC and ZrO₂ improve the stiffness and hardness of fractures in composites Ti_3AlC_2 . Substituting Ti with V or Cr can also increase the bulk modulus. The layered structure of MAX phases supports unique mechanical responses, such as nonlinear elastic kinking behavior and complex deformation mechanisms such as crack deflection and kink band formation, which are critical to their mechanical performance^{[389][403][403][403][404][405][405][405]].}}

Fig.17(a) shows the flexural stress vs. displacement curves at high temperatures for large-scale Ti_2AlC bulk produced by the SHS / PHI process reveal the brittle fracture behavior from RT to 900 °C, shifting to plastic deformation beyond 950 °C. The brittle-plastic transition temperature (BPTT) is identified between 900 and 950 °C, with a reduced slope suggesting a decrease in Young's modulus. Fig.17(b) illustrates the temperature-dependent flexural strength and fracture displacement, comparing the results with samples of lower density. Above 950 °C, the flexural strength decreases dramatically with increased fracture displacement, while a higher relative density improves both properties without affecting the BPTT^[389].

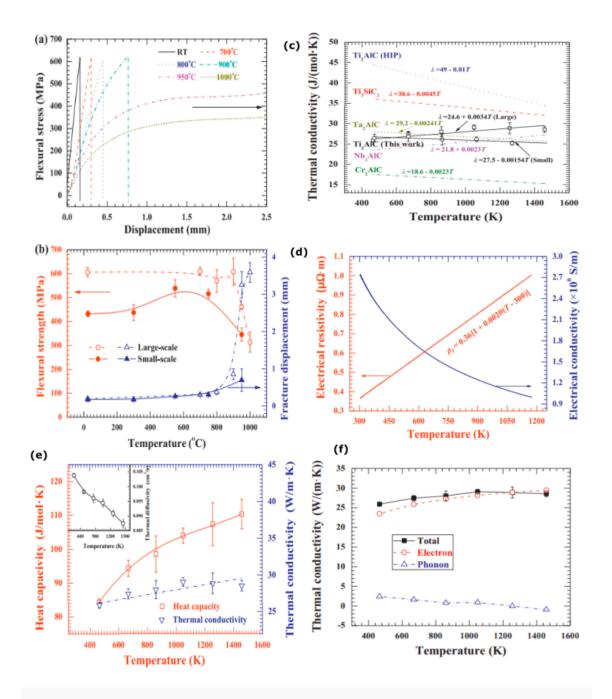


Figure 17. (a) Flexural stress-displacement curves and (b) corresponding flexural strength across the temperature range from RT to 1000 °C, (c) Thermal conductivity as a function of temperature for large-scale Ti₂AlC synthesized via the SHS/PHIP process, for Ti₂AlC, Cr₂AlC, Ta₂AlC, Nb₂AlC, and Ti₃SiC₂. (d) Temperature dependence of electrical conductivity and resistivity for large-scale Ti₂AlC produced via the SHS/PHIP process. (e) Temperature dependence of thermal conductivity, heat capacity, and thermal diffusivity for large-scale Ti₂AlC synthesized via the SHS/PHIP process, (f) Variation of electron, phonon,

and total thermal conductivities with temperature. Reproduced from Ref.^[389] with permission from Copyright(2013) Elsevier

Magnetic Properties

Understanding the magnetic properties helps to obtain them in applications such as spintronics, magnetic sensors, magnetic refrigeration, biomedical applications, data transfer, etc. The magnetic ground state has been theoretically predicted for a large number of MAX phases and also experimentally observed^{[407][408]. However, studies on magnetic MAX phases predominantly focus on the substitution of manganese and chromium-based compounds. Such as $(V, Mn)_3 GaC_2$, Cr_2AlC , Cr_2GeC , and $(Cr, Mn)_2AlC$, as well as Cr_2GeC and $(Cr, Mn)_2GaC$ and $(Mo, Mn)_2GaC$ [408]. Recent developments made by Tao et al. in magnetic MAX phases include the ordered structures in the plane of $(M_{2/3}Sc_{1/3})_2AlC$ (where M = Cr, Mn)^[339] and $(Mo_{2/3}RE_{1/3})_2AC$ [$^{332]$ [340] where (Rare-Earth)RE comprising Ce, Pr, Nd, Sm, Gd, Tb, Dy, Ho, Er, Tm, and Lu. The theoretical prediction of promising ferromagnetic properties shown by Fe_3AlC_2 will also enhance the exploration of work on the magnetic MAX phase. These will add more candidates for the spintronics application.}

Fig.18 represents the magnetic response measured with a vibrating sample magnetometer at three different temperatures, reaching a maximum temperature of 300 K. The upper left inset shows the magnetization in and out of the plane M in low applied fields at 50 K, where the coercive field in the plane was determined to be 28 ± 5 mT. A small remanence is observed in the in-plane direction. The bottom right inset displays the temperature dependence of the saturation moment m_s , with a fit to the functional form 1 - T, and the remanent moment m_r in units of the Bohr magneton per Mn atom[407].

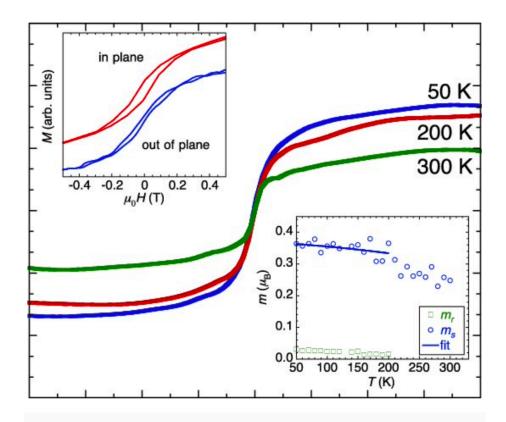


Figure 18. The magnetic response was recorded with a vibrating sample magnetometer at three distinct temperatures. Reprinted with permission from^[407]. © Copyright (2023) American Physical Society

Optical Properties

MAX phases display notable anisotropic optical characteristics in the infrared and visible light regions, with distinct spectral variations observed for different polarization directions. However, this anisotropy reduces at higher energy levels, where the spectra for both polarizations converge and become almost indistinguishable across various compositions. These optical properties are largely influenced by the electronic structure of the materials, with the density of states (DOS) providing insights into the origins of spectral peaks.

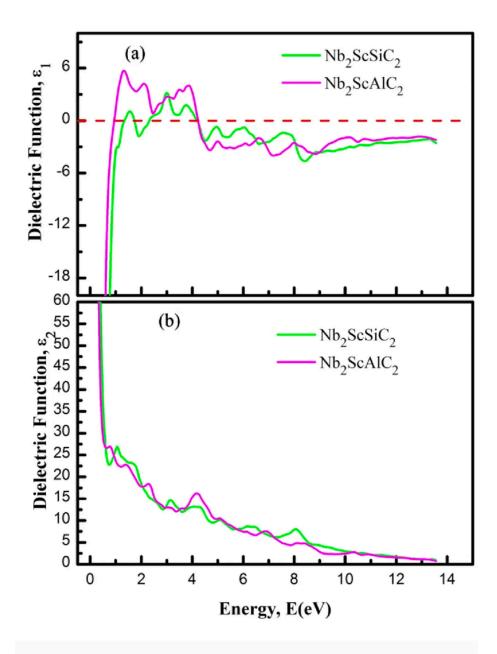


Figure 19. (a) Real part (ε_1) and (b) imaginary part (ε_2) of the dielectric function for Nb₂ScAC₂ (A = Al, Si) compounds. .Reprinted with permission from [409]. © Copyright (2023) Springer Nature

In Fig.19 the larger imaginary dielectric constant signifies greater light absorption at specific wavelengths. In contrast, the real part of the dielectric constant reflects the polarization properties of the material. It relates to the speed of light within the material, where a higher value denotes a reduced light propagation speed. One of the prominent applications of MAX phases is their effectiveness as coatings to minimize solar heating. Reflectivity analysis of Nb₂ScAC₂ (A = Al, Si)

^[409] compounds shows a reflectivity that exceeds 44%, meeting the threshold for solar heat reduction ^{[410][411]}. This establishes their potential as efficient thermal management materials. Furthermore, the refractive index values -n(0) = 5.91 for Nb₂ScAlC₂ and n(0) = 6.64 for Nb₂ScSiC₂ —underscore their capacity to control the phase velocity of incident light, which is crucial for the precise development of electronic and photonic devices. MAX phases offer outstanding optical properties combined with flexibility for diverse applications, including solar energy control^[412], advanced optical systems^[413], and electronic device engineering. Their anisotropic nature and high refractive indices make them particularly well-suited for specialized thermal and optical functionalities.

A. Properties of MXene

MXene is a two-dimensional material derived from metal carbides and nitrides that is notable for its exceptional properties and the wide range of possible compositions. This compositional versatility opens up more room for potential applications, making MXene a highly promising material in fields such as energy storage, catalysis, spintronics, and electronics.

Electronic Properties

Depending on the nature of the M, X and T groups, the electronic properties of MXene vary from metallic to semiconductor^{[261][414]}. Functionalization groups also play a vital role in the definition of electronic structures^{[261][415][416]} as shown in Fig.20. Due to significant spin-orbit coupling predicts the existence of 2D topological insulator as shown in Fig.23 and Fig.24 predicted from DFT calculation. In Fig.23, band structures for Mo₂TiC₂O₂, Mo₂ZrC₂O₂, and Mo₂HfC₂O₂ are calculated with and without spin-orbit coupling (SOC). Considering SOC will introduce a band gap at the Γ point, which shows the topological insulating behavior. Fig.24 illustrates the local density of states (LDOS) as a function of energy and momentum for Mo₂HfC₂O₂ at the zigzag edge, with the Fermi level positioned at zero. The edge states bridge the bulk valence and conduction bands, meeting exclusively at the M point. Several other terminated MXenes, represented as M'_xM"_yXene oxides (for x = 2 and y = 1, 2), have been theoretically found to exhibit stability along with topological insulating properties. These findings suggest that such MXenes could serve as a platform for future research in topological materials^[417]. Furthermore, electronic conductivity in MXene systems has been demonstrated to be anisotropic^{[418][419]}. In Fig.23(a) The states near the Fermi level are attributed to M -*d* orbitals, which

contribute to electrical conductivity in MXene systems, and most terminated MXenes show metallicity compared to that of a semiconductor^{[415][420]}.

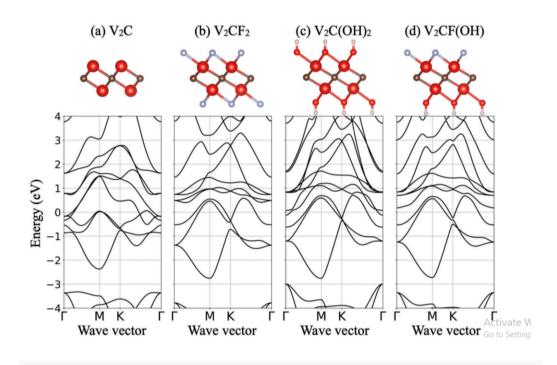
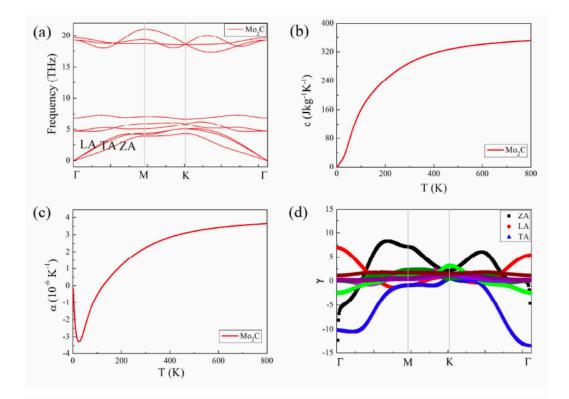


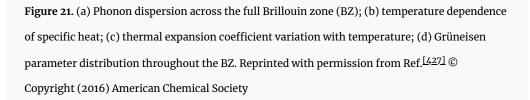
Figure 20. Electronic band diagrams of (a) V_2C , (b) V_2CF_2 , (c) $V_2C(OH)_2$, and (d) $V_2CF(OH)$ in their high-symmetry states, where the Fermi level is aligned to zero energy. Reprinted with permission from Ref.^[421]. © Copyright (2018) American Physical Society

Thermal Properties

Theoretical investigation by Zha *et al.*^[422] found that the thermal expansion coefficient, electronic band gap, and charge carrier mobility of the systems M_2CO_2 (M = Ti, Zr, Hf) exhibit a highly anisotropic nature. Using the BoltzTraP2 code, the electronic contribution to total thermal conductivity was calculated Ref.^{[423][424]}. Similarly, the contribution of the lattice was determined using the temperature-dependent effective potential (TDEP) code^{[425][426][426]}.

It has been observed that both the in-plane thermal conductivity, K_{\parallel} , and the out-of-plane thermal conductivity, K_{\perp} , show a slight decrease as the temperature increases. An anisotropy ratio greater than 2 was predicted for the entire temperature range. This anisotropy comes from both electronic and lattice contributions, with the lattice contribution being the most dominant Ref. [419].





The dispersion of phonons throughout the Brillouin Zone (BZ), shown in Fig.21(a), was used to examine the specific heat and thermal expansion coefficient of Mo₂C MXene. As depicted in Figures 21(b) and 21(c), the specific heat increases with temperature, reaching 290 J/kgK at room temperature and 351 J / kg K at 800 K. Mo₂C MXene exhibits a unique thermal expansion behavior compared to functionalization MXenes and bulk materials; it contracts at low temperatures, with a negative thermal expansion coefficient of -3.27×10^{-6} K⁻¹ at 25 K, then expands at higher temperatures, reaching 3.65×10^{-6} K⁻¹ at 800 K. Fig.21(d) shows that acoustic modes dominate the thermal behavior of Mo₂C MXene, the ZA mode contributing to both thermal contraction and expansion. The TA mode mainly causes contraction, while the LA mode drives expansion. Due to the low thermal expansion coefficient of Mo₂C MXene, a thermal mismatch with pure molybdenum occurs, enabling the clean Mo $_2$ C MXene to be obtained by rapid cooling. This low thermal expansion also benefits practical applications by improving the temperature stability^[427].

Mechanical Properties

The elastic behavior of Cr₂AlC single crystals was studied through first-principles calculations and nanoindentation tests, producing $c_{11} = 347$ GPa and $c_{33} = 332$ GPa, with experimental values, using the Oliver and Pharr method, of 317 ± 10 GPa and 320 ± 9 GPa, which confirms close agreement [429][430]

Kurtoglu et al. found that the elastic constant of MXene is twice larger than the corresponding MAX phase^[431] and also found that nitrides are more stiff than carbides^{[432][433]}. The measured Young modulus of 330 ± 30 GPa is lower than that of graphene (1000 ± 100 GPa) and h-BN (870 ± 70 GPa). However, this value represents the highest Young's modulus recorded for a solution-processed 2D material, exceeding that of MoS₂ at 270 ± 100 GPa and graphene oxide at 210 ± 20 GPa^[434]. However, experiments revealed improvements in various mechanical properties, including tensile strength, elastic modulus, thermal and electrical conductivities, as well as electrochemical capacitance^{[14,][435]}.

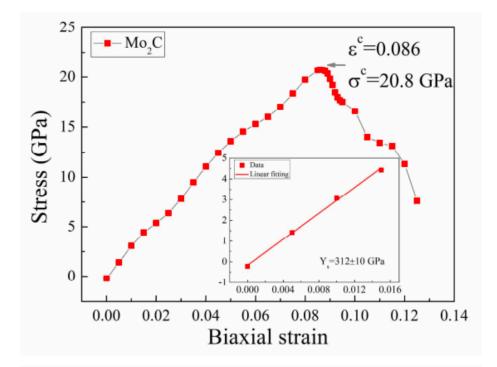


Figure 22. The stress-strain relationship for Mo_2C MXene under biaxial strain. The inset displays the linear regression of the initial curve, used to determine the biaxial elastic modulus. Reprinted from Ref.^[427]. © Copyright (2016) American Chemical Society

Fig.22 illustrates the stress-strain relationship for Mo_2C MXene, showing a biaxial elastic modulus of $Y_{2D} = 312 \pm 10$ GPa, slightly exceeding that of monolayer MoS_2 . Beyond a critical strain of 0.086, the material undergoes creep deformation, with an ideal strength of 20.8 GPa, close to that of monolayer MoS_2 (23.8 GPa), highlighting its robust elasticity and strength.

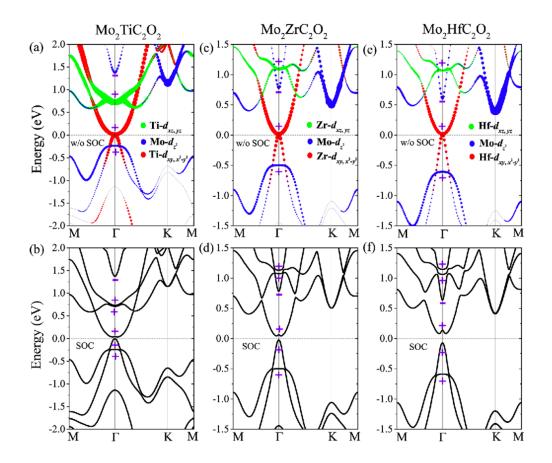


Figure 23. Calculated GGA band structures for $Mo_2TiC_2O_2$ (a, b), $Mo_2ZrC_2O_2$ (c, d), and $Mo_2HfC_2O_2$ (e, f) with and without spin-orbit coupling (SOC). Including SOC introduces a gap at the Γ point. Reprinted with permission from Ref.^[440]. © Copyright (2016) American Chemical Society

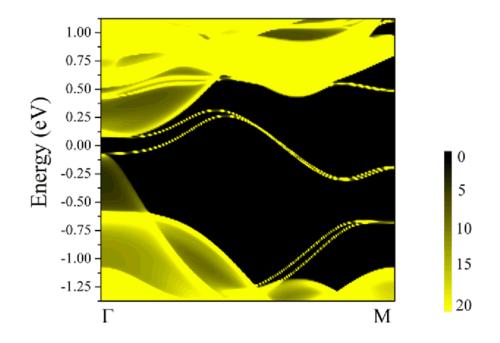


Figure 24. Energy and momentum-dependent local density of states (LDOS) for $Mo_2HfC_2O_2$ at the zigzag edge, with the Fermi level set to zero. Edge states connect the bulk valence and conduction bands, intersecting only at the M point. Reprinted with permission from Ref.^[440]. © Copyright (2016) American Chemical Society

Magnetic Properties

Unfortunately, the majority of MXenes discovered so far, both theoretically and experimentally, have been found to be nonmagnetic. Exceptions include a few specific compounds, such as (Cr₂Ti)AlC₂, Ti₂ NF₂, Ti₂N(OH)₂, Ti₂NO₂, V₂NF₂, V₂N(OH)₂, V₂NO₂, Cr₂NO₂, Mn₂C, Mn₂CF₂, Mn₂C(OH)₂, Mn₂CO₂, Mn ₂N, Mn₂NF₂, Mn₂N(OH)₂, Mn₂NO₂, Cr₂C, Cr₂CF₂, and Cr₂C(OH)₂^{[441][442][443]}. Upon functionalization, some MXenes have been predicted to retain a magnetic moment^[444].

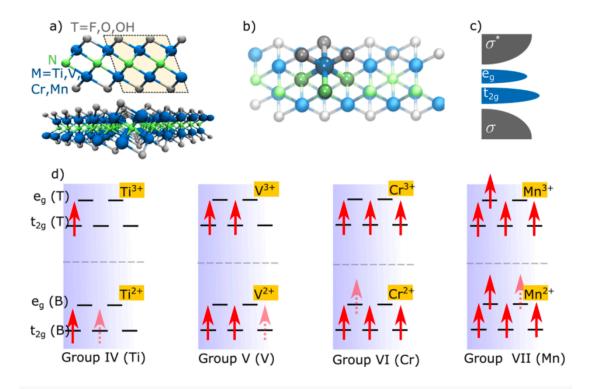


Figure 25. Illustration of the localized magnetic moments in M₂NT₂ MXenes for various transitionmetal groups. (a) Side view of the MXene crystal structure with the unit cell highlighted. (b) Top view of a monolayer MXene displaying octahedral coordination. (c) Simplified density of states considered in the model. (d) Electron arrangement localized on transition-metal centers for groups IV to VII of the periodic table, where dotted spins represent equal probability of occupation in either the top (T) or bottom (B) layer states. Reprinted wih permisssion from Ref.^[44,5]. © Copyright (2017) American Chemical Society

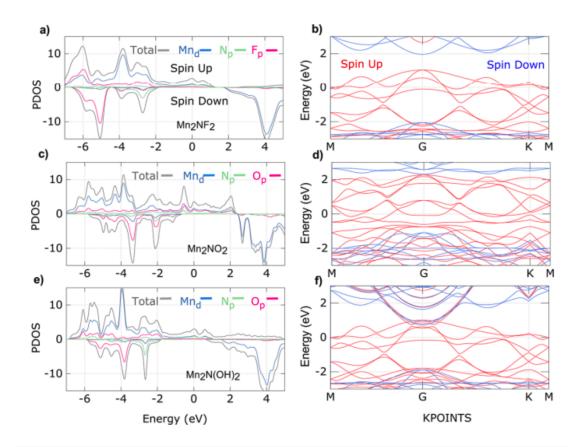


Figure 26. Electronic band structure and density of states (DOS) for Mn₂NT MXenes. Site-projected DOS for (a) Mn₂NF₂, (c) Mn₂NO₂, and (e) Mn₂N(OH)₂. Band structure plots for (b) Mn₂NF₂, (d) Mn₂NO₂, and (f) Mn₂N(OH)₂. Reprinted from Ref.^[445]. © Copyright (2017) American Chemical Society

Ferromagnetic (FM) ground states are critical for 2D magnetic materials, and five nitride MXenes (Mn $_2NF_2$, Mn $_2NO_2$, Mn $_2N(OH)_2$, Ti $_2NO_2$, and Cr $_2NO_2$) was studied^[445] and demonstrated robust FM behavior . For Mn $_2NF_2$, the FM phase is more stable than the nonmagnetic phase by 7.1 eV, with a magnetic moment of ~9.0 μ_B per formula unit, primarily from localized spin density near transition-metal atoms. Unlike Mn $_2$ C MXenes, which exhibit antiferromagnetic (AFM) states for specific terminations, nitride MXenes maintain FM states across all terminations due to an additional electron from nitrogen, stabilizing FM spin configurations.

The magnetic moments of different MXenes can also be estimated using a simplified model, mainly for M_2NT_2 MXenes with 3*d* transition metals, but this approach can be extended to include 4*d* and 5*d* elements. However, for heavier elements, increased delocalization of electrons may lead to nonmagnetic states, although larger atomic radii and reduced hybridization could still enable magnetism. From the theoretical study, using density functional theory (DFT), the results shown in Fig.25 and Fig.26^[4,4,5] confirm the predictions of the model, with minor deviations arising from electron delocalization in 2D crystals. These findings highlight the tunability of MXene magnetism via transition-metal selection and surface terminations, making them versatile candidates for magnetic applications.

From Fig.26, the electronic band structure and DOS for Mn_2NT MXenes show robust half-metallicity with metallic conduction for the majority spins and a wide (> 3 eV) semiconducting gap for minority spins, validated across all surface terminations.

Optical Properties

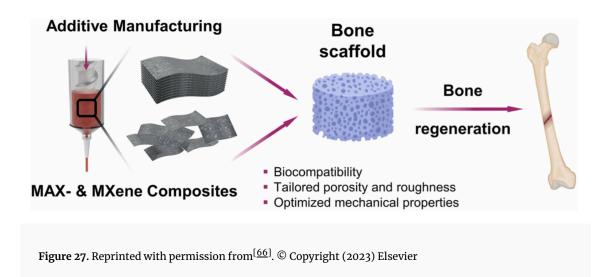
MXenes exhibit remarkable optical properties, making them ideal for use in photovoltaics, photocatalysis, transparent electrodes, and optically conducting devices. These materials absorb light in a wide spectrum, including the UV-visible (300–500 nm) and near-infrared (700–800 nm) regions Ref.^[446], with films as thin as 10 nm showing transmittance to 91%. Their optical properties can be tuned by adjusting the film thickness or adding compounds such as tetramethylammonium, which enhances transparency, or urea, hydrazine, and dimethyl sulfoxide (DMSO), which reduce it. MXenes also possess a tunable bandgap (up to ~2 eV) and surface terminations (-O, -OH, -F), making them highly versatile for advanced optoelectronic applications^{[367][447][448][449]}.

Additionally, MXenes exhibit strong light absorption as a result of their high-density electronic states, and their localized surface plasmon resonance (LSPR) in the near- and mid-infrared ranges enables use in sensors, photodetectors, and solar energy harvesting. These materials also show high photothermal conversion efficiency, non-linear optical behaviors such as saturable absorption, and harmonic generation, positioning them for photothermal therapy, ultrafast lasers, and optical limiters. Despite challenges such as oxidation stability and scalable synthesis, MXenes hold great potential in photonics, optoelectronics, and energy devices.

 $Ti_3C_2T_x$ also demonstrates nonlinear optical properties^[44,7], including saturable absorption (SA), where light transmission increases nonlinearly with intensity. With a nonlinear absorption coefficient of $-10^{-21} \text{ m}^2 \text{V}^{-2}$, $Ti_3C_2T_x$ is promising for optical switching applications^{[44,9][4,50][4,50][4,51]}. This behavior is attributed to plasmon-induced absorption when the laser wavelength matches the plasmon resonance frequency. $Ti_3C_2T_x$ shows nonlinear absorption across 800–1800 nm, with one-photon

absorption at low intensities and multi-photon absorption at higher intensities, making it suitable for ultra-fast laser applications such as mode-locked lasers.

Moreover, $Ti_3C_2T_x$ is applicable in telecommunication (1550–1620 nm C band) and demonstrates superior resilience under high laser energy compared to other 2D materials. Furthermore, when combined with C_{60} , it forms optical diodes for signal filtering, and it can produce random lasing when dispersed in rhodamine 101 solution^[4,52].



V. Application

Application of MAX Phase and MXene

MAX phases and MXene have shown significant potential in various applications, as some of them are listed in TableI with different synthesis, properties, and application methods, attributed to their versatile chemical compositions.

Some of the applications of MAX Phase

High-Temperature Structural Materials: MAX phases exhibit excellent thermal stability,Ti₂AlC has been rigorously tested at high temperatures and exhibits remarkable stability even at extreme temperatures up to 1350 °C^{[453][454][455][456]}, oxidation resistance^{[38][39][40][41]}, and creep resistance^{[457][458]}, making them suitable for high-temperature applications in jet engines, gas turbines, and nuclear reactors^{[42][102][182][183][459][460]}.

- Electrical and Thermal Conductors: Their metallic nature ensures good electrical and thermal conductivity, making them ideal for use in electrical contacts^{[184,][4,61]} and heat sinks^[186].
- Wear-Resistant Coatings: MAX phases combine hardness with damage tolerance, providing
 excellent wear and corrosion resistance^{[38][39][40][41][462]} for coatings on cutting tools, molds, and
 industrial machinery^[463].
- Biomedical Applications: Biocompatible MAX phases like Ti₃SiC₂ are explored for use in medical implants^{[187][188][464]}, prosthetics^{[189][465]}, and surgical tools due to their non-toxicity and good mechanical properties^{[64][65][66]}.
- Energy Storage and Conversion: MAX phases are studied for use in supercapacitors^[191], batteries^[68], and fuel cells due to their electrical conductivity and stability under extreme conditions.
- **Radiation Shielding**: MAX phases, particularly those based on carbides, are explored for radiation resistance in nuclear applications^{[102][459]}, such as fuel claddings and containment systems.
- **Tribological Applications**: Their self-lubricating properties make MAX phases ideal for sliding components and seals in the aerospace and automotive industries^{[190][273][466]}.
- Catalysis and Chemical Stability: MAX phases exhibit chemical stability in harsh environments, making them suitable for catalytic supports and components in chemical processing^{[62][63][64][64]}
 [67]
- Environmental Applications: Due to their resistance to thermal shock and oxidation^{[38][39][40][41]} ^{[192][193]}, MAX phases are used in filters and components exposed to high-temperature exhaust gases.
- Magnetic and Spintronic Applications:

Emerging studies suggest potential for certain MAX phases (or their derivatives like MXenes) in spintronic devices and magnetic materials^{[196][408][467]}.

- Photocatalysis: It can serve as precursors to photocatalytic materials for hydrogen production via water splitting and pollutant degradation due to their tunable electronic properties and layered structure^{[105][160][468]}.
- **Superconductors**: MAX phases exhibit superconducting behavior under specific conditions, attributed to their unique layered crystal structure and excellent electrical conductivity [469][470].

Some of the applications of MXene

- Energy Storage Devices: MXenes are extensively used in supercapacitors^{[15][119][130][131][132]}, lithium-ion batteries^{[471][472][473]}, sodium-ion batteries^{[474][475]}, and other energy storage devices due to their high conductivity and tunable surface chemistry.
- Electromagnetic Interference (EMI) Shielding: The exceptional electrical conductivity^{[118][119][120]}
 [121] and the layered structure of MXenes make them highly effective for EMI shielding applications in electronics^{[12][4,76][4,77]}.
- Water Purification and Desalination: MXenes, with their high adsorption capacity and hydrophilic surfaces^{[125][126]}, are used to remove heavy metals, dyes and salts from water^{[152][153][161][162]}.
- Catalysis: MXenes act as efficient catalysts or catalyst supports in various chemical reactions, including the hydrogen evolution reaction (HER), the oxygen evolution reaction (OER) and the reduction of carbon dioxide^{[148][149][150][151]}. It has effective use in photocatalysis^{[159][160]}
- **Biomedical Applications**: MXenes are explored for drug delivery, biosensors^{[4,78][4,79][480]}, photothermal therapy^{[163][481][482]}, and antimicrobial coatings^{[483][484]} due to their biocompatibility and large surface area^[156].
- Sensors and Actuators: Their high conductivity and ability to interact with various molecules make MXenes suitable for gas sensors^{[485][486]}, strain sensors^{[487][488]}, and biosensors^{[478][479][480]}.
- Wearable Electronics: MXenes are used in flexible and stretchable electronics for applications such as smart textiles^{[489][490]}, wearable health monitors^{[491][492]} and electronic skin^[493]s.
- **Thermal Management**: It has high thermal conductivity, making it an effective material for heat dissipation in electronics and other thermal management applications^{[494][495]}.
- Electronics and Optoelectronics: MXenes are being studied for use in transistors, memory devices, photodetectors, and other advanced electronic and optoelectronic devices^{[142][143][144][496][497]}
 [498]
- **Spintronics and Magnetism**: Some MXenes exhibit magnetic properties^{[145][146]} and are being explored for potential applications in spintronics and magnetic storage devices^{[1][467][499]}.
- CO2 Capture: Functionalized MXenes exhibit excellent CO2 adsorption capabilities due to their chemical tunability and large surface area, making them ideal for carbon capture technologies^[165]
 [166][166][500][501]
- **Superconductors**: MXenes hold promise for superconducting technologies^{[502][503][504]}, using their exceptional metallic conductivity and unique two-dimensional layered architecture under

certain conditions.

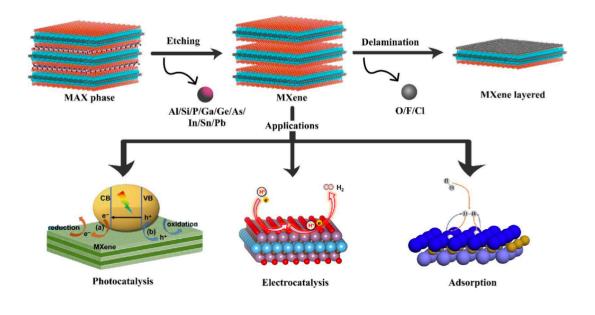


Figure 28. Reprinted with permission from Ref. [468]. © Copyright (2024) Elsevier

VI. Conclusion

In summary, MAX phases and their 2D derivative MXenes have emerged as groundbreaking energyefficient materials appealing candidates for next-generation energy-efficient technological applications. This review addresses current status, challenges, and provides general solutions for large-scale production, improving the properties of MAX/MXenes, and highlighting their transformative potential across a wide range of industries. This paper also provides a comprehensive report on several novel and cost-effective techniques to synthesize the MAX phase and exfoliate 2D materials (MXene) from bulk. MAX phases, with their unique combination of the metal-nonmetal layered hexagonal structure, possess distinctive properties such as high electrical conductivity, high thermal conductivity, and mechanical strength which make them promising in high-temperature applications in aerospace, automotive, and energy industries. They also show impressive potential for application in extreme conditions due to their high resistance, high thermal stability, and high corrosion resistance, positioning them as ideal candidates for demanding environments where materials must perform reliably for extended periods. However, the integration of bulk properties into modern technological devices is challenging, which require high speed, high storage, low-power consumption, portability, etc. In order to fulfill the demand of modern technology, it is necessary to scale down to the 2D nano-size compatibility, addressing all its merits. So, this review expands the traditional understanding of the 2D properties (MXene), which was previously limited to the bulk (MAX phase). Although the 2D nanosheet of MXene is derived from MAX phases, the horizons for these materials have been further broadened. The ability of MXenes to tune their functionalities under various conditions such as strain engineering, applied electric field, surface functionalization (-OH, -F, or -O groups), etc., makes them a key material for specific applications. Modulation of the surface terminations of MXenes has opened up new possibilities for their use in sensors, catalysis, and environmental remediation such as water purification and CO₂ capture. MXenes are promising for the advancement of performance in energy storage and conversion, particularly in lithium-ion and sodium-ion batteries, supercapacitors, photocatalysts, and other energy-storage/harvesting systems, which could significantly add to the list of renewable energy technologies. The versatility of MXenes lies in their excellent conductivity, mechanical flexibility, and ease of functionalization, ideal for use in flexible electronics, sensors, and wearable devices. As the demand for smaller, more flexible and multifunctional electronic devices increases, the ability of MXenes to be integrated into such technologies could play a key role in the development of next-generation smart devices, health monitoring systems, and wearable technologies. Despite the promising potential of MAX phases and MXenes, challenges related to their synthesis, scalability, and long-term stability in various environments are still associated.

Through our rigorous literature survey, we have noticed that MXenes are rarely explored in the field of spin technology despite having all merits such as tunable electronic and magnetic properties, high electrical conductivity, and ability to interact with magnetic fields. The integration of MXenes into spintronic devices, such as spin valves, magnetic tunnel junctions, and spin injectors, could lead to the development of faster, more efficient, and energy-efficient devices, which are crucial for the future of information processing and storage. Understanding the emergence of macroscopic behavior of MXenes by controlling the electron spin at a fundamental level is likely to unlock new possibilities and accelerate the development of novel spintronic devices. In our next project, we aim to understand the fundamental of spin-dynamics in MXenes employing first-principles density functional theory (DFT) calculations and explore their magnetic properties, spin-polarized transport, etc. The project will also address the development of efficient methods for energy-saving spintronics technologies that pave the way for advanced information processing systems.

Statements and Declarations

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Author contributions

- **C. B. Subba:** First author, Formal analysis, Visualization, Validation, Calculating results, Writing-original draft, writing-review & editing.
- D. P. Rai: Project management, Supervision, Resources, Software, Formal analysis, Visualization,
 Validation, writing-review & editing.
- Mukhriddin E. Tursnov: Formal analysis, writing-review & editing.
- Avazbek T. Dekhonov: Formal analysis, Visualization, Validation, writing-review & editing.
- Z. Pachuau: Formal analysis, Visualization, Validation, writing-review & editing.

Data Availability Statement

Data available in the article.

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Declarations

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