

Review of: "A Cognitive Investigation of the Zen Meditation through the Lens of Thousand-Brain Intelligence and the Cerebral Reward System"

C.S. Nosal¹

¹ Warsaw School of Social Psychology

Potential competing interests: No potential competing interests to declare.

This is a good, interesting article with a constructive way to connect brain states & Zen attributes. The article can be published, and I accept this solution. In the article, we can also find a large body of research on the correspondence of Zen states to brain states. The introductory part of the article presents very interesting reasoning on this correspondence. Only the atypical concept of thousand-brain intelligence seems to be largely unexplained. Probably the DMN states can be included in this line of reasoning connecting brain states with Zen attributes?