

Review of: "A Cognitive Investigation of the Zen Meditation through the Lens of Thousand-Brain Intelligence and the Cerebral Reward System"

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Potential competing interests: No potential competing interests to declare.

Actually, the title is very interesting, offering the brain secret of Zen meditation to be explored and investigated scientifically from a neuroscience aspect, but the manuscript was not written according to the customary scientific paper format. In the abstract section, there was a background study and aims of research, but it did not follow the standard IMRAD structure. The author should describe the study design usage, e.g., Cross Sectional, etc., and the author didn't describe the research question. Unfortunately, the abstract doesn't contain clear methodology used in the study and how the data was analyzed to reach a conclusion. How the study was conducted is also not clear; is this a qualitative study or a literature review? Or might the conclusion be drawn from a hypothetical theory based on researchers' thoughts?

However, if you could revise some points in the manuscript as follows, maybe the manuscript can be considered for review again:

1. The introduction section that consists of the situation, problem, research question, and relevancies of investigation
2. The aims/objectives of the study, hypothesis study
3. Methodology and research procedures are not described
4. If this is a result from a qualitative study, the researchers also should explain what the object material of the study was and how the analyses were done until a conclusion was reached
5. Did you measure the brain activity that indicates brain activity during meditation, such as qEEG or others?
6. In general, this manuscript needs a major revision.