

# Review of: "Effects of Cinnamon on Cancer Prevention and Progression"

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**Potential competing interests:** No potential competing interests to declare.

The review entitled "Effects of cinnamon on cancer prevention and progression" is a good attempt to summarize the effects of the spice 'cinnamon' on cancer. In my opinion, the 'Introduction' section must start with the role of cinnamon in cancer, rather than its effect on gastrointestinal discomfort. This is so because the focus of this review is on 'cancer'. Also, the authors have missed some important and critical papers published recently: 1) on the efficacy of cinnamon compounds as anticancer agents [Phytotherapy Research, 2021], 2) chemopreventive effect of cinnamon and its compounds in a rat model [Cancer Prev Res, 2023].

Overall, it is a comprehensive review of the role of cinnamon in cancer, which adds to the existing literature.