

# Review of: "Effects of Cinnamon on Cancer Prevention and Progression"

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**Potential competing interests:** No potential competing interests to declare.

In this study, the anti-cancer effect of cinnamon was reviewed. The effects of several active ingredients of cinnamon on different cellular pathways associated with cancer development were discussed. In addition, the chemopreventive efficacies of cinnamon ingredients along with their bioavailability were discussed. The following comments can be made:

1. The review should be concise, focused, and mechanistic with respect to the title of the study.
2. Different active ingredients of cinnamon should be given in a table.
3. For a better understanding of the anti-cancer and chemopreventive mechanisms of cinnamon, a diagrammatic representation of the effects of different ingredients on different cellular pathways associated with cancer development should be given. The discussion should be made according to the diagram, rather than citing some information from different investigators of the subject.