

# Review of: "Phyto-Therapeutic Potential and Pharmaceutical Impact of Shilajit (Asphaltum punjabianam): Current Research and Future Prospects"

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Potential competing interests: No potential competing interests to declare.

The present manuscript provides knowledge about the characteristics, uses, pharmacology, phytochemicals, and medicinal importance of Shilajit (Asphaltum punjabium). In this article, the author gives pharmacognostic investigations and comprehensive details on both pharmacological and phytochemical analyses of Shilajit. This contains a variety of advantageous elements, minerals, vitamins, plant metabolites, fulvic acid, humic acid, trace elements, and carbohydrates. The author also provides information about various pharmacological functions, such as immune system regulation, antiviral properties, antioxidative advantages, and reducing inflammation in this article. Although the author explains the nano-formulation of Shilajit, which helps in the treatment of various diseases, this review is well written and easy to understand about the pharmacological and phytochemical importance of Shilajit. However, I make a few comments in order to add quality to the manuscript.

- **What are the potential limitations or challenges in the nano-formulation of Shilajit that could be addressed in the article?**