

# Review of: "Training Teachers to Become Mental Health Promoters: Impact on Their Well-Being"

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**Potential competing interests:** No potential competing interests to declare.

Thank you for the opportunity to review the manuscript. The topic presented is interesting, as it highlights the potential to improve teachers' well-being through training. I will provide some comments below with the aim of contributing to the improvement of the document.

- It is recommended to indicate the characteristics of the sample in the abstract (e.g., gender, age).
- Justify the imbalance in the sample or present it as a limitation.
- It is recommended to review and update the literature. Specifically, it would be necessary to include a greater number of articles in the introduction that have been published, especially in the last two years.
- A more differentiated section is needed where objectives and hypotheses are presented at the end of the introduction.
- Regarding the instruments used, more details are necessary. Indicate the reliability of the instruments in your work, as well as an example item from each instrument.
- A more detailed description is recommended in the data analysis section, specifying the type of analysis and variables.
- Discussion. It is recommended to discuss the hypotheses presented at the beginning of the study and compare them with other research. Additionally, including the practical significance of the results would improve the document.

I hope these comments are useful for improving the manuscript.