

Review of: "Digital Distractions: An Analysis of Phone Usage Patterns, Cultural Influences, and Academic Performance Among University Students"

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Potential competing interests: No potential competing interests to declare.

An article worth reading. Such articles are the need of the hour. The article is structured extensively and methodically. The methodology is well explained. The exhaustive and objective results are crucial for this study. This gives insight for the formulation of future policies and guidelines pertaining to technology usage by the student population.