

# Review of: "[Commentary] Postpartum Depression: An Invisible Distress in the United Kingdom"

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**Potential competing interests:** No potential competing interests to declare.

Article has explicitly covered all factors of postpartum depression and its diagnosis and therapeutic options. It makes good reading for all those interested in developing an understanding of this important dilemma related to pregnancy and will help in increasing the knowledge base regarding the same. This study can be further followed up with a questionnaire regarding postpartum depression to a large group of patients and healthcare professionals and their inputs regarding their perception, which can be compiled and sent to the NHS with recommendations for policy changes as per requirement after analysis of feedback received from the questionnaire.